

THE Highlands

Vol. 5 Issue 13

FREE

May 18 - 31, 2006

Communicator

Haliburton County's Good News Fun Free Newspaper

Snowmobiling SAVED!!

There WILL
Be Another
Season of
Snowmobiling
in Haliburton
County



Over 70 avid snowmobilers turned out Saturday night at the annual general meeting of the Haliburton County Snowmobile Association (HCSA) and provided enough enthusiasm and new energy to guarantee that Haliburton's great trail system will be open for at least another season.

HCSA President Andy Chvedukas had spent a lot of time and effort over the last month warning the County's sledders that unless new directors and more volunteers came forward the Association could easily be doomed. Andy had stressed that he was in no way 'crying wolf' and that the crisis was definitely real. "We need new people: our current crop of directors and some of our key volunteers are simply burnt out", said Andy. "And without volunteers and active directors, the HCSA will cease to exist."

But on Saturday night the crisis was averted: new volunteers and directors indeed did come forward, and the local ATV Association also volunteered its help. And the next director's meeting will be held on May 23rd at the Association Clubhouse and will be open to all interested parties. For further information call 705 457-4263.

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to:

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Eagle Lake
West Guilford
Gelert
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Carnarvon
Kinmount
Wilberforce
Harcourt
Highland Grove
Gooderham
Tory Hill
Irondale
Ingoldsby
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- William James



Haliburton IGA And Highland Games Working Together Again

The Haliburton Highland Games committee is pleased to announce that the Haliburton IGA has once again stepped up to sponsor The Haliburton Highland Games. 2006 will be the 18th year of the Games and will be held July 8 in Head Lake Park in the Town of Haliburton.

The Games will once again feature a parade at 11 am of visiting Pipe Bands from throughout Ontario, several massed band presentations throughout the day, Border Collie sheep herding and, this year, returning by popular demand, a Highland Dancing competition of young dancers from Canada, USA and Scotland vying for points toward the Provincial and National championship.



IGA owners Bob and Wendy Park have always felt the Games to be a valuable part of the community's summer season and are proud to support them.

This year the Games are also pleased to have "Hydro One" on board as sponsors of the Heavy Events competition. Athletes from across Ontario compete in such events as 'The Taber Toss'.

YMCA Camp Wanakita will once again be running a lively children's program to make it a thoroughly enjoyable 'day for the family'.

Bob Park gives a go at the Bagpipes - just having fun with Jim Frost & piper, Jim Milne and getting ready for the upcoming Highland Games. You can

have a fun time too at the Haliburton Highland Games on July 8th. Huge Thank You to Bob & Wendy for their support and contribution once again !!

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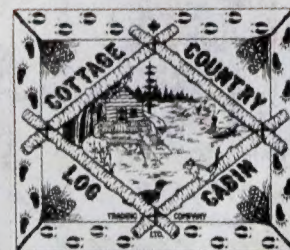
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*some restrictions
apply- rebates
already applied.

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YAMAHA

Boatwerks

All You Need To Know About White Water and Flat Water Kayaking You Can Find Out Here

Spotlight

On Business

"The most important thing about our stores is that our customers can walk in and on any given day be talking to an expert paddler who's spent literally days either on white-water or flat-water – and who's absolutely passionate about this wonderful sport," says Boatwerks owner and kayaking expert Jeff Strano. Jeff, who unabashedly describes his stores as "Canada's Best Kayak Shops", is an expert kayaker himself as well as a shrewd and dedicated businessman who's identified a very attractive niche in the outdoor sports market.

"If you don't stick to what you really know and love in business," says Jeff, "you'll soon become very vulnerable to those who do. For instance, we're not interested, nor are we experts in the business of golf, or skiing for example. But we're the absolute best there is at advising and educating our customers in



Chris Strano with some kayaks

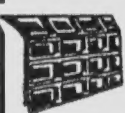
all aspects of white-water and flat-water kayaking. You can come into our stores, talk with my staff or myself in detail about exactly the kind of kayak you might be interested in: our kayaks range from \$360 to \$3,000 so it's really important for us to know our customers and their needs. And we're not just interested in the quick sale: we develop long-term relationships with our kayakers. And no matter what model you might be interested in, we offer demos and rentals so our customers will have no surprises."

Jeff Strano is no stranger either to the world of business entrepreneurship and hard work. His father is the founder of the highly successful Strano Foods in Peterborough (now

Sysco) and is still active in the business. "He taught me that you really need to love your work to be successful – and he's sure proof of that." During the 1990s Jeff became a top-ranked competitive white-water kayaker while at the same time working for the Wild Rock Outfitters in Peterborough. By August of 1999 he was ranked ninth in all of Canada in the sport and admits, "it's still a passion, although now it's second to my business. Although I have to admit I was on the Gull over 20 times this past April."

The "Gull" Jeff refers to is the world-famous Gull River course just north of Minden, which, had Toronto won its 2008 Olympic bid, would have been one of only two sites in Ontario with a chance of hosting the Kayak white-water events. In 1997 Jeff went to work

Boatwerks cont'd... pg. 7...



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Forever in our Hearts...
Roberta Welsh - Feb 12/06



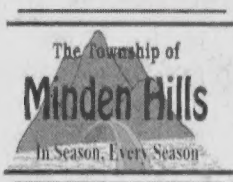
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The Township of Algonquin Highlands and the
Township of Minden Hills



NOTICE TO ALL RATEPAYERS

2006 HOUSEHOLD HAZARDOUS WASTE DAYS

For the Ratepayers of the Township of Minden Hills

will be held
on the following
dates/ times
at the
Scotch Line
Landfill Site
from 8:00 a.m.
to 12:00 noon

May 20th
July 1st
August 5th
Sept. 2nd
Oct. 7th

For the Ratepayers of the
TOWNSHIP OF MINDEN HILLS
For further information, please call:
(705) 286-1260

For the Ratepayers of the Township of Algonquin Highlands

will be held on the following dates and at the
following respective locations:

May 20 th	Maple Lake Landfill	1-5 pm
July 1 st	Dorset Landfill	1-5 pm
August 5 th	Oxtongue Landfill	1-5 pm
Sept. 2 nd	Dorset Landfill	1-5 pm
Oct. 7 th	Maple Lake Landfill	1-5 pm

For the Ratepayers of the
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Cleaners e.g. bleach, oven cleaner, etc.; Aerosol Cans; Solvents e.g. varsol, paint thinners, etc.;
Pesticides and Herbicides; Pool and Photographic
Chemicals; Florescent Light Tubes

UNACCEPTABLE WASTE CLASSES

Industrial Waste; Needles/Sharps; PCB'S; Radioactives;
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Minden Hills In Top 10 of All Of Ontario For Recycling Program Success

Minden Hills Township is in the top 10 in all of Ontario for it's successful recycling program, according to Isabelle Faucher of the Stewardship Ontario team.

The team provides support with the Efficiency and Effectiveness Fund which offers financial support to Ontario municipalities for their residential "Blue Box" recycling programs. The fund seeks to help municipalities reduce costs and increase tones recovered.

Minden placed in the top 10 based on a study of best practices of rural recycling depot programs was concluded.

"Minden's program was identified as one of the top nine performing programs in terms of capture rate, net cost per tonne, and net cost per household," wrote Isabelle in her letter to Minden Hills Township Council.

The report is available on <http://www.stewardshipontario.ca/funding/ee/projects/benchmark.htm#45>

As a follow-up to this project, and in an effort to ensure that its findings can benefit other recycling depot programs in the



Province, Stewardship Ontario is currently working on developing a Rural Recycling Depot Knowledge Tool. This learning tool will be featured on the Knowledge Network, a web portal designed specifically for Ontario municipalities to share experiences and key learnings from E&E Fund projects. The portal can be accessed at <http://www.vubiz.com/stewardship/Welcome.asp>. They are planning to launch the Rural Recycling Knowledge Tool at the end of the month. Minden Hills has been asked to be one of the contacts for those seeking information on how to operate a successful recycling program.

Haliburton County Master Gardeners 3rd Annual Plant Sale

There is no better time to pick up plants than Saturday June 3rd, during the Haliburton County Master Gardeners 3rd Annual Plant Sale.

The event takes place at the Village Green in Downtown Minden from 10 a.m. to 2 p.m. There will be hundreds of hardy perennials at great prices, so come early for your best selections.

CLEARANCE SALE

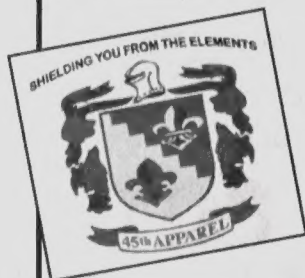
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Victoria Day
Weekend Hours
Sat 10-5 Sun 10-5
Mon 10-3

Boatwerks Now Operating In Minden & Haliburton

... from pg. 4

for the small Minden Boatwerks store and after a few years as manager decided to buy the company in November of 2002. And this spring he's opened a second store in Haliburton upstairs in the Village Barn. "This location is just perfect for us. We're on the main street, but we're also only a few steps from Head Lake where our customers can take a kayak for a demo." And Boatwerks doesn't



Jeff with clothing line

just sell kayaks.

"We have a complete line of kayaking and boating accessories from high quality Personal Flotation Devices (PFDs) to all manner of paddles, Expedition First Aid kits, water bottles, even beach towels and Frisbees." Jeff's also introduced two very fashionable summer



Haliburton Location

lifestyle clothing lines: the 'Life is Good' products and Canada's own 'Level Six' line. The gear is terrific, the prices reasonable and the sales pitch distinctly non-pushy.

But back to what Jeff really wants to talk about, you guessed it, his customers and the kayaking lifestyle. "We're trying to build a premier retail experience for cottagers and residents alike – but we're also really trying to build better lifestyles for our customers. We want to get people out onto the water and experience just how much fun kayaking can be – as well as increasing all aspects of your fitness.

"We had one customer in his 80s who had a friendly fitness rivalry going with his neighbour, a cyclist. We got him onto the water in a kayak, and at the end of the summer he told us he was in the best shape he'd been in for years. 'I can run up and down the stairs even, and I feel great', he told us. And of course it's so much more fun that just running on a treadmill. This gentleman called kayaking a kind of 'Nordic Track for the lakes'.

Boatwerks has a really great line of kayaks, for every taste and budget. The top-end models are sleek and beautifully designed crafts for long voyages on fresh or seawater, with ample room for tents and supplies. The more modest lines are great for quiet paddles on lakes or rivers: the white-water models are for the slightly more adventuresome among us. But, no surprise, Jeff and his staff are also happy to provide instruction as well as demos and rentals. Their website is also a mine of information on the sport including up-to-date information on white-water conditions on rivers from Upstate New York to the far flung reaches of the Upper Ottawa.

For his new Haliburton store Jeff's hired Corey Pietryszyn as

Manager, who's had many years experience in the outdoors outfitting business. Corey will also be familiar to many Haliburtonians through his winter job as a long-time dog-sled driver for Winterdance.

Boatwerks is open from 9 am until 6 pm Friday through Monday until June 15th, and from then on will be open seven days a week throughout the summer. The Minden store is located at 12667 Highway 35 just north of Water Street and can be reached at 705 286-

1492. The Haliburton store is located in the Village Barn at 195 Highlands St. and can be reached at 705 457-3737. You can also dial 1 866-KAYAKS, and be sure to check out their website at www.boatwerks.net.



Minden Location

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DUMB CRIMINALS

A Digby, N.S., Canada, convenience store clerk was confronted by a man wearing a bandanna. With his finger inside his sweater to simulate a gun, he demanded money. The unimpressed clerk picked up the phone and dialed 911. "What's your name?" the clerk asked the robber, relaying a question from the dispatcher. "I've got the police on the phone." The robber "began to panic" and his bandanna slipped off his face, so the clerk was able to give a detailed description of the robber while looking at him. The holdup man pulled his hand out from under his sweater, retied the bandanna over his face, and put his empty hand back in his sweater to again simulate a gun. Police quickly apprehended Jonathan Melanson, 25. "I just want to apologize," Melanson told a judge. "I'd never do something like that unless I was on cocaine." He was sentenced to one year of house arrest and a \$100 fine.



Tongue Twister

Swan swam over the sea. Swim, swan, swim!
Swan swam back again. Well swum, swan!



GRAND OPENING!!!

Weekend of May 20th



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Rotary Car Draw



How would you like to drive around in a brand new Pontiac Torrent or win \$25,000 cash? Who wouldn't right? Well this could happen to you if you purchase a ticket and win the 2006 Haliburton Rotary Car draw. Tickets are now on sale from Rotary members and watch for the vehicle parked on Highland St this season for your chance to pick up your tickets. Tickets are available for \$20 each, 3 for \$50, or 7 tickets for \$100. The grand prize draw will be held at the annual Rotary Carnival which is on for 2 days this year. Friday & Saturday Aug 11th and 12th instead of the usual Wednesday. The winner will be announced on August 12th. There will be an early bird draw for a 42" plasma TV on May 28th so get your tickets early!! If you don't know a rotary member and want a retail location, you can purchase tickets in Haliburton at Henwoods Variety. Tickets are limited, so good luck to all who purchase a ticket.

About Rotary

Rotary is a worldwide organization of business and professional leaders that provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Approximately 1.2 million Rotarians belong to more than 31,000 Rotary clubs located in 167 countries.

The Rotary Club of Haliburton was founded in 1944. In its sixty years of existence the club has had a profound influence on the development of our Community. From the development of the parks around Head Lake, to the purchase and preservation of the historic CN locomotive # 2616, to support of students, individuals, organizations and developing nations through the Rotary Foundation, Rotary has changed the face of our community and the world.

Recently the Rotary Club of Haliburton completed a \$250,000.00 commitment to the Haliburton Highlands Health Services Capital Campaign and continues to support our health services through our annual Golf Tournament. The club is also currently fulfilling our commitment to the Fleming College Capital campaign with a pledge of \$50,000.

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New Tree Planting Program available for Landowners

The Haliburton Highlands Stewardship Council is pleased to announce the launch of a new Tree Planting Program for landowners in Haliburton County. The program is a partnership project with the Bancroft Area Stewardship Council aimed at supplying various tree species to landowners at a reduced rate in order to encourage responsible woodlot management.

Native trees will be available to landowners within the County of Haliburton in 2007, based on an application which must be submitted to the Haliburton Stewardship Council before December 31, 2006. The intent of the program is to provide landowners, meeting the eligibility criteria, with trees native to Haliburton's seed zone in order to support their efforts of sustainable woodlot management. Smaller properties and significant lands such as schools, waterfront and wildlife habitat will be reviewed on a case by case basis. Next year the Stewardship Council will also be able to offer a shrub and shoreline naturalization component to the program for landowners with diverse planting needs.



To obtain an application or for more information on the Tree Planting Program or any other Stewardship programming, please contact the Haliburton Highlands Stewardship Council through Nicole Tuyten, Stewardship Coordinator at 705-286-5206 or nicole.tuyten@mnr.gov.on.ca or visit our website at www.ontariostewardship.org/Haliburton.



YWCA Crochet Nights

The YWCA Women's Centre will be presenting 'A group on Crochet' and ways to take good care of ourselves.

This will be held at both the Haliburton Hospital: on Wednesday, May 31st; Friday, June 9th; Wednesday, June 14th & 21st; YWCA in Minden: Thursday, June 1st, 8th, 15th and 22nd From 2-4 pm and the cost is FREE!

No experience necessary. Instruction and materials will be provided. Please call to register as space is limited. Contact Diana Leary at 286-6442 or Joelle Shen at 286-4040 for more details.



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Open Stage To Broadcast Live On Canoe FM... Be Sure To Attend

Saturday May 20th the Haliburton County Folk Society Open Stage will be hosted by Jack Brezina who intends to record the event for broadcast on CANOE FM. Organizers are hoping for a great turnout of musicians and audience.

The open stage begins at 8 p.m.

and is held at the York St Internet Café (across from the Rails End Gallery).

Also, as a reminder, David Francey will be performing in Haliburton on May 31st. Tickets are still available and can be purchased at the York St Internet Café in Haliburton or Golden Stationers in Minden.



Time & Talent

Yard Sale

May 20 - Wilberforce United Church

From 9 a.m. to 3 p.m. Wilberforce Road Just Off HWY 648 at Wilbermere Lake. Lunch will be available. Contact: Ginny: 448-3333 or Colleen: 448-2458

Boot, Craft & Pie Sale

Saturday May 20th

Haliburton United Church

On the long weekend, there will be a Boot, Craft and Pie Sale at the Haliburton United Church on Saturday, May 20th 8:30 to 1:30 p.m. This sale is in place of their giant Yard Sale from previous years.

You can participate with your own items that you can sell out of your vehicle. You make lots of sales and take the remainder of your "Boot" home when the sale is over. Craft Tables are available in the Fellowship Room. You can rent a table to set out your crafts to the public.

If you would like to participate with a Craft Table or a Boot (your car will be assigned a space in the parking lot), please call Jane at 457-1715. Come and join in the fun! There will also be refreshments and a barbecue for lunch.

Bake Sale

Saturday, May 20

Maple Lake United Church

Doors open at 9 a.m. Buy your pies and tarts and goodies here for the long weekend. We can take orders for pies and you pick them up at the church. For more information call (West Guilford - Merrie - 754-2258) (Haliburton - Ev Stata - 457-3972)

Giant Yard Sale

Ingoldsby United Church

Saturday, May 20

9 a.m. - 1 p.m.

East Indian Dinner

Saturday, June 10th

Zion United Church in Carnarvon

Starting at 6:00 PM. Tickets are \$20 each and can be obtained by calling Margo Davidson at 489-3641.



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Exclusive Exhibit and Art Auction Featuring Select Works of the Late Ethel Curry

*The Ethel Curry Gallery, Haliburton Exhibit – June 1 to 18,
2006, Auction – Friday June 16 at 8:00 p.m.*

The Ethel Curry Gallery is celebrating a decade of supporting Canadian Artists inspired by the natural beauty of the Haliburton Highlands with an exclusive exhibit and art auction featuring select paintings of the late Ethel Curry (1902-2000) exhibit – June 1 to 18, 2006. The auction is being held Friday June 16 at 8:00 p.m. sharp. Both events are being held at The Ethel Curry Gallery benefiting the Haliburton Highlands Health Services Foundation. For more information 705-457-9687.

Parent Education Program @ Ontario Early Years Haliburton County

May 18, 2006 – Ontario Early Years Haliburton – Well Baby Drop-in

Do you have a baby? Come to the Haliburton OEYC on May 18th between 11:00 am and 1:00 pm and meet with a Public Health Nurse from our local HKPR District Health Unit. Meet with a nurse to discuss your babies health through a check-up with an opportunity to ask questions. For more information contact OEYC at 457-2989.

May 23rd – Ontario Early Years – Parent Talk Times

Between 10:00 am and 11:00 am relax with other parents and gain valuable tips and tricks to help when siblings fight. No need to register. Minden OEYC on May 16th and Haliburton OEYC on May 23rd.

Ontario Early Years Haliburton – Developmental Screenings.

Book your time with a Public Health Nurse from HKPR District Health Unit for your child's growth and developmental screening.

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The Name's Familiar...

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George Washington Ferris Jr.

George Washington and Martha Ferris had a son in 1859 and named him after his father.

Young George studied at Rensselaer Polytechnic Institute and became an engineer. In the 1880s he built railroads, tunnels, and bridges, including a series of bridges across the Ohio River.

By the early 1890s, he had earned a reputation as an engineer, and so he was called upon to design something special for the World Columbian Exhibition in Chicago. What Ferris came up with was a wheel 250 feet in diameter that could carry more than 2,000 passengers into the air and back down again.

The ride was the highlight of the exhibition, attracting 1.5 million passengers. It spawned many imitators, and soon no fair was complete without its own ferris wheel.



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Local Stores Show Improvement in 2005 in Complying With Sale of Tobacco Products

Local cigarette vendors are passing with flying colours when it comes to preventing the sale of tobacco products to underage teenagers.

During 2005, 91 per cent of cigarette vendors in Northumberland County, Haliburton County and the City of Kawartha Lakes were

found to be in compliance with Ontario's *Tobacco Control Act (TCA)*. A key section of the *Tobacco Control Act* forbids the sale of tobacco to teenagers under the age of 19 years.

The 2005 compliance rate is based on checks of 423 tobacco retailers in the region. Last year's compliance rate is the highest ever recorded in the region served by the Haliburton, Kawartha, Pine Ridge District Health Unit. It surpasses the 90 per cent compliance rate recorded locally in 2004. Local vendors also do better than the national compliance rate of 85 per cent recorded recently by Health Canada.

"The results for 2005 are cause for applause because most local retailers are being very responsible in the sale of tobacco products," says Anne-Marie Cyr, Tobacco Programs Manager with the HKPR District Health Unit. "This is good news given the changes ahead in tobacco control legislation."

Under Ontario's *Tobacco Control Act (TCA)*, store owners and/or their staff can be fined a minimum of \$215 if caught selling cigarettes illegally. Repeat offenders can even lose their ability to sell tobacco for several months.

As of May 31, 2006, the *TCA* will be replaced with the new *Smoke-Free Ontario Act*. Besides imposing a province-wide ban on smoking in public places and workplaces, the new law will also place stricter rules on the sale and supply of tobacco products to youth. The display of tobacco products in stores will also be phased out entirely by May 31, 2008.

Cyr credits Health Unit staff for continuing to educate tobacco vendors about their roles and responsibilities under the current law and helping retailers prepare for what is expected of them under the *Smoke-Free Ontario Act*.

"We have a good relationship with many of our cigarette vendors, and that's a great foundation to build further trust," Cyr notes.



Pictured above is Christine MacAusland from the Independent Gas Station in Haliburton.

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A Little Bit of Everything

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We would like to thank all of our friends who supported us during the past year, and would like to welcome back everyone who spends the summer in this area.

We have fireworks, sparklers, and Canadian flags, etc. for the upcoming Holiday. As well, we have mosquito head nets, citronella candles, and mosquito coils to help you cope with the little bloodsuckers. Too, we carry gardening supplies, BBQ tools, pool noodles & other summer water toys, flip-flops, summer hats, and large "Garage Sale" & "For Sale" signs.

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Dancing, Drumming, Dreaming - Two Prominent Sound & Movement Specialists Coming To Haliburton May 24th.

Gary Diggins, a sound therapist and Martha Randall, a dance and movement specialist will be leading a public experience on May 24th - one you are not likely to forget!

Entitled Dancing, Drumming, Dreaming, imagine a group of strangers standing silently in a circle. Suddenly the beat of a drum lays down a groove. Some individuals pick up percussion instruments and join in. Others begin to sway to the rhythms. Spontaneously, the energy of community, celebration, exploration, and expression emerges. If this description stirs your heart or even makes you curious, come join Martha and Gary for an evening of improvised and facilitated fun through movement and music. Bring a drum, a rattle, your singing voice, and your dancing feet...

The event will be held in The Great Hall, at Fleming College in Haliburton from 7 p.m. - 9 p.m. the cost is \$15. For more information or to register call Fay Wilkinson at 705 754 4004 or fay.wilkinson@sympatico.ca

Gary and Martha will be in Haliburton the week of May 22nd to facilitate the SoundWork and BodyPlay workshop - an expressive arts elective at Fleming College in Haliburton. Gary's work encompasses psychotherapy, counseling, and sound therapy and he does that in three main roles: as a teacher, a musician, and a group facilitator both nationally and internationally. Martha Randall is a passionate teacher who loves to share the creative possibilities that movement provides for expression, discovery and self-healing. She has over 30 years experience. You can check them out at: Martha Randall: <http://www.niadancer.com> Gary Diggins <http://www.garydiggins.com>

Kids ... Just For Fun Snap Some Pictures!!



Hey kids... this contest is just for you and it's Just For Fun!! All school aged children in the county of Haliburton are welcome to participate in the first annual Canada Day Just For Fun Photo Contest.

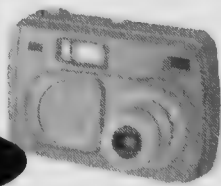
The Categories include my favourite pet; my funniest moment; my favourite place; my favourite activity; my special person.

The contest, sponsored by Photo Solutions in Minden, ends June 20th. Judging will be done at the Minden Hills Canada Day festivities.

For full details visit www.minden.on.ca or phone 286-1260 ext. 215 or email lcunliffe@county.haliburton.on.ca

All entries should be addressed to "Just for Fun" Photo Contest, 7 Milne Street, Minden, Ontario, K0M 2K0 and should include the full name of the student and contact information of the parent (s). Pictures will be numbered on the back, corresponding to the student information to be held in the Township Office. All pictures (or the first 100) will be displayed at the Minden Hills Canada Day Celebrations. Prizes will be awarded and announced at the celebrations.

**TOWNSHIP OF MINDEN HILLS
CANADA DAY
FIRST ANNUAL**



**"JUST FOR FUN"
PHOTO CONTEST**

**Open to all school aged children
judging will be done at the
Minden Hills Canada Day festivities**

Categories:
MY FAVOURITE PET
MY FUNNIEST MOMENT
MY FAVOURITE PLACE
MY FAVOURITE ACTIVITY
MY SPECIAL PERSON

Sponsored by Photo Solutions (Lori Roberts)
Contest ends June 20th, 2006

For full details visit www.minden.on.ca or phone 705-286-1260 ext. 215
email: lcunliffe@county.haliburton.on.ca



**SUPPORT FOR THE
ARTS
IN
MINDEN HILLS**

The Minden Hills Cultural Centre Foundation has a limited amount of funding to assist with programs and activities promoting the arts in the municipality of Minden Hills. Any individual or group interested in accessing these funds is invited to complete an application for consideration for the 2006 funding year. Information about this program and application forms can be obtained by contacting the Foundation Secretary, Michael Fay, fay.m@sympatico.ca or the Foundation Chair, Jack Brezina foundation@kevker.com

The deadline for applications is May 25, 2006.

Funds to support this program represents proceeds from various events sponsored by the Minden Hills Cultural Centre Foundation throughout the year including, "Arts Exposed: A Cultural Affair" and the annual Foundation Bonspiel among others.

EARTH TONES

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Friday, May 19 to Wednesday, May 24
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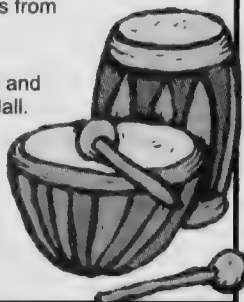
Sat May 20, 1:30-3 p.m. Drop in rhythm circle with
Barry "BAZZA" Hayward. Try our instruments from
the store or bring your own.

Don't Miss May 24, 7-9 p.m

Drumming, Dancing & Dreaming. Gary Diggins and
Martha Randall. Sir Sanford Fleming, Great Hall.
For info call Fay Wilkinson @ 754-4004

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Sale is May 27 & 28

Items accepted at any time Wed to Sat 10am to 5pm

A fundraiser for the Agnes Jamieson Gallery located at 178 Bobcaygeon Road, Midland
705-286-3783

The Community Garden



Pictured is: (l-r) - Mitch Hardy, Danny Barrand,
Chris Nicholl, Karen Phipps

Spring has finally sprung in Haliburton and the County's gardeners are hard at work getting the soil ready for another summers worth of flower, fruits, and all those delicious veggies. And for the third successive year, the Haliburton Highlands Health Services Foundation (HHHSF) Community Garden is starting to take shape behind the hospital on County Road 1.

The Community Garden is a successful partnership between the HHHSF, the Ontario Health For Life program in association with the Haliburton, Kawartha, Pine Ridge Health Unit, Family Services of Haliburton County, and Ontario Works. Health For Life provides the financial support to pay for the seeds, topsoil and equipment, the Hospital provides the space, and the Health Unit's Karen Phipps provides logistical and project support around the security and distribution of the food.

So who does all the work? Local workers provided by the Ontario Works program do most of it. Danny Barrand, Chris Nicholl and Mitch Hardy have already started to plan, prepare and plant the garden and will continue to monitor the project as spring becomes summer. Meanwhile, the Family Services Respite program helps with the weeding and watering during the summer.

The garden also welcomes community volunteers who are welcome to work at the garden, and even harvest some of the delicious results. The purpose of the project is to build community knowledge around gardening and to bring people from a variety of different agencies together (and get a little useful physical activity in as well.) All in all, the project provides food, some of which goes to the County's needy, and helps to generate some positive community spirit.

If anyone would like to volunteer their time and/or knowledge, seeds, soil or plants please contact Karen Phipps at the HKPR District Health Unit at 705 457-1391.

What Wonderful Volunteers!

Spring is here and trail maintenance has begun! Thanks to the dedicated volunteers at Trails and Tours as well as a most generous donation by Tidey Tree Care. The trails in Algonquin Highlands are highlighted here as Trails and Tours is extremely grateful for the over 400 hours of volunteer work since the beginning of April!

Please check out website for a trail near you www.trailsandtours.com and let us know if you'd like to help out! 705-489-4049 Happy Trails Everyone!



**Huge
Thanks
to all
the
volun-
teers!!**



*R*ails *E*nd Gallery & Arts Centre

Executive Director, Rails End Gallery

The Rails End Gallery invites applications for the position of Executive Director. This is a 14-month Maternity Leave Contract position.

The Gallery, established in 1980 by the Haliburton Highlands Guild of Fine Arts, is a not-for-profit charitable corporation dedicated to providing opportunities for the exploration, appreciation, expression, and exchange of the creative arts.

The board of directors is looking for a committed, enthusiastic person who will continue to cultivate the community roots of the Gallery, as well as reach out to new and diverse audiences. The

Executive Director will be responsible for the supervision of gallery exhibitions, programming, and gallery staff, as well as financial management and organizational administration. A more complete job description is available on our website at

www.railsendgallery.com

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Select paintings by the late

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Reception with artists in attendance

Saturday, July 1st, 2006 - 1:00pm to 5:00pm

Exhibit continues to July 30th, 2006

For more information

705.457.9687

theethelcurrygallery.com

94 Maple Avenue, Haliburton, ON

Scampering Along the White Trail

with Marci Mandel

CREATING LIFE

Here it is May, again - a year since I wrote my first column. It came about after a group of friends and I discussed what our dreams were and how we were going to go about fulfilling them. In first year media writing at Ryerson's Radio and Television Arts program, one of our early assignments was a personal essay. I quite enjoyed that and thought it was something I was meant to do. But I got busy with other writing and soon forgot about it. This last year, fulfilling that desire, has been a dream come true. There's nothing like doing what it is you've dreamt about and having the result meet the expectation.

I started trundling along the White Trail eleven years ago when I got my dog, Morgan. She, like most dogs, loved to snoop, so instead of forcing her to move at my athletic pace, I went along with her playful one. In so doing, I was treated to many wonders, many stories and many lessons. The most important insight was: *All the answers*

are within; nature balances us so we can hear them.

Last year, as I wrote *Trundling Along the White Trail*, I searched and searched for answers, and the questions were: who am I, and why do I behave this way? I had lost a sense self: a sense of whom *I* was, and it was making me feel heavy, lethargic and numb. I kept reading books looking for answers, and the advice was there except I wasn't doing anything about it. Nature, too, was telling me to struggle and emerge - everyone and everything was - and thanks to a bear, I finally got it.



I was out on the trail on a lovely day mid April walking with my shoes in hand, when thirty feet ahead, I saw a big brown guy the size of a couch scamper away. The bear had just woken up and would have been very hungry. It could have attacked me but it didn't. I stood my ground and all of a sudden I noticed my heart was lifted and I was feeling very powerful. At that moment, I felt protected. I knew I was not alone and that there was more to life than what can be seen and touched. I had read about the oneness of all life, and understood about it, but I had never felt it like that before.

This knowing, this feeling of connection to a greater realm was what I had been searching for. And now that I've crossed its threshold, it's time to come out of hibernation and start scampering on.

Joseph Campbell said: "*Life is not a process of discovery. It is a process of creation.*" So I started by renovating a sleeping cabin and making it into my studio. A friend donated a pullout couch to replace the bed, I found an old school desk and rug in the basement, the lamp was coming from the garage and I brought my musical instruments up too. Nothing matches, but that's okay. I've always wanted my own space, and now I've got it. It's time to get out the list of the hundred things I want to do in life and get on with them.

Reflection is a good thing, but only as a means to an end. At some point, I've come to realize, you have to stop thinking about what you want and start being who you want to be no matter what. The point of all my struggling was to define who I was and who I was not and then to emerge - to choose who it is I want to be. This act of creation is both far-reaching and humbling for it aligns me with the energy of life itself. Life is creation; creation is life.

So off I go alone now, picking up the pace - scampering into the wilderness. I have no idea what will come of it. This monthly column may wind up as a personal essay, a short story or even a collection of photographs and poems. Who knows? But isn't mystery what makes life exciting.

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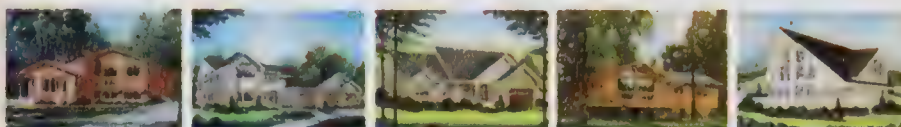
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Spot The Differences

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Answers on pg. 65



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911 Emergency Feature

Wilfred VanLieshout started out as a Volunteer Firefighter for the Stanhope Brigade in the late 1970s when he was still just a young man living on Maple Lake just west of Haliburton. "It was an awful lot simpler back then, that's for sure. It's not so much that the job has changed, but the training and the accountability have improved immensely," says Wilf. "On the whole it's really a lot better, both for the firefighters and the public. We're tested on ladders and all our equipment, really, and we take courses on traffic control, flagging, and of course updates on CPR and 1st Aid every year."

Wilf's parents Larry and Maria arrived in Canada from Holland in the late 1950s and moved to Haliburton in the 1970s with their four children, Wilfred, Hennie, Anne Marie and Anthony. Larry soon established VanLieshout Realty and became a very successful broker by the end of the decade. Wilf obtained his realtor's license in 1982 and started working in earnest as an agent and appraiser in 1986. In 1999 he joined Century 21 Granite Realty in Haliburton. He's married to another life-long Haliburtonian, Shelley, and they have two children, Ryan (10) and Drew (7).

"Real estate agents work a lot during the evening, but they're



Meet Wilfred VanLieshout

often free at odd hours in the day, which is very useful for a firefighter. We carry our pagers with us at all times, and when the call comes, you go. But some of our guys are in jobs where they're simply not allowed to get up and leave, no matter what, so my flexibility is an asset. Sometimes, of course, if I'm sealing a deal for instance, I have to say no. But often my clients will understand: sometimes they've even helped me get to the fire hall as fast as possible, and then volunteered to park my car for me while I jump onto the truck!" And you can bet Wilf doesn't lose too many sales in those circumstances!

Wilf became a firefighter again in 1999 when he joined the Dysart Brigade and discovered he'd really missed the work, even with its dangers and constant chance of trauma. "We have a great bunch of people here, and when things are tough we help each other out. If we've been involved with a particularly traumatic event we always talk among ourselves afterwards, which really helps. We make certain in fact that we sit down and talk about it. And if it's really bad, counselling is available. But firefighters are an essential part of every community - and we're happy to be there."

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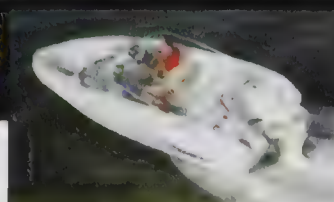
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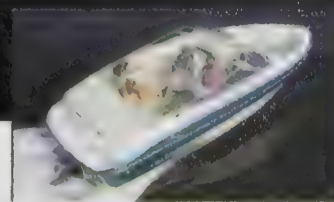
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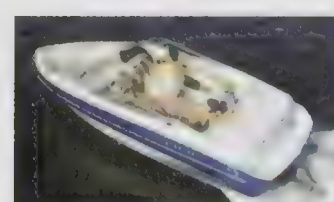
MX 170



GX 185



SX 195



GX 205



School News:

by Christine Carr

We are halfway into the month of May now and the school year is still going strong. Sports are as strong as ever with golf, soccer, and numerous other teams up and running. All of the teams have been playing their best, making themselves, and the school, proud.

The annual 30-hour famine was held at school last weekend, with amazing results. Over \$6000 dollars was raised to go towards helping those in poverty-stricken countries. Students who participated had to raise at least \$50 in pledges to participate, and would go without food and juices, only a bowl of rice, for thirty hours. Students spent the night at the High School, breaking the fast on Saturday morning with a large breakfast in the cafeteria. Thanks to everyone who participated, and thanks so much to everyone who donated!

The Envirothon team went last weekend to Sudbury to compete and did themselves proud! Congratulations to everyone who went and fought hard! Another group is leaving to represent the school as well. The Swing Band is leaving Wednesday to travel to Ottawa for approximately a week to compete in Nationals. They will play hard and do the

best they can, which everyone who has heard them play will agree is amazing. Good luck to all competing!

Last Wednesday was the annual Spring Concert, which went very well, as always. The night started out with the Choir singing a number of different pieces, sounding spectacular. The Flute Trio, consisting of Jennifer Ellison-Frewing, Erin Ellison-Frewing, and Kelly Dobson played a song next, impressing everyone in the audience. The Concert Band was next to play, playing four songs, with everything from slow pieces to The Lord Of The Rings to a March. It was a lively repertoire and everyone played their best. The last two groups were the two currently in Ottawa. The Jazz Combo played their staples of concert repertoire, the pieces that they will be playing in competition, and the evening was ended on a lively note with the Swing Band making everyone leave smiling.

Next Thursday night will be the annual French Festival at the High School. Different classes from all different grades, from French Immersion into High School, will be putting on plays for the enjoyment of the audience. One no one should miss is Le Petit Prince, by the grade 11/12 French class. The night after is one of the most important nights for many High School students-PROM! The theme is Las Vegas, and the decorations, music, dresses, and finery are sure to be great.

That is all for this week, but as summer comes, so do many other events, and they will all be mentioned here. Keep reading to find out what else happens in the High School!



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That's Life...

by the Bashful Comic



Noah & His ARK in 2006

In the year 2006, the Lord came unto Noah, who was now living in the United States, and said, "Once again, the earth has become wicked and over-populated, and I see the end of all flesh before me.

Build another Ark and save 2 of every living thing along with a few good humans."

He gave Noah the blueprints, saying, "You have 6 months to build the Ark before I will start the unending rain for 40 days and 40 nights."

Six months later, the Lord looked down and saw Noah weeping in his yard - but no Ark.

"Noah!" He roared, "I'm about to start the rain! Where is the Ark?"

"Forgive me, Lord," begged Noah, "but things have changed. I needed a building permit. I've been arguing with the inspector about the need for a sprinkler system. My neighbors claim that I've violated the neighborhood zoning laws by building the Ark in my yard and exceeding the height limitations. We had to go to the Development Appeal Board for a decision.

Then the Department of Transportation demanded a bond be posted for the future costs of moving power lines and other overhead obstructions, to clear the passage for the Ark's move to the sea. I told them that the sea would be coming to us, but they would hear nothing of it.

Getting the wood was another problem. There's a ban on cutting local trees in order to save the spotted owl. I tried to convince the environmentalists that I needed the wood to save the owls - but no go!

When I started gathering the animals, an animal rights group sued me.

They insisted that I was confining wild animals against their will.

They argued the accommodation was too restrictive, and it was cruel and inhumane to put so many animals in a confined space.

Then the EPA ruled that I couldn't build the Ark until they'd conducted an environmental impact study on your proposed flood.

I'm still trying to resolve a complaint with the Human Rights Commission on how many minorities I'm supposed to hire for my building crew.

Immigration and Naturalization is checking the green-card status of most of the people who want to work.

The trades unions say I can't use my sons. They insist I have to hire only Union workers with Ark-building experience.

To make matters worse, the IRS seized all my assets, claiming I'm trying to leave the country illegally with endangered species.

So, forgive me, Lord, but it would take at least 10 years for me to finish this Ark."

Suddenly the skies cleared, the sun began to shine, and a rainbow stretched across the sky. Noah looked up in wonder and asked, "You mean you're not going to destroy the world?"

"No," said the Lord. "The government beat me to it."

The trouble with life is there is no background music.

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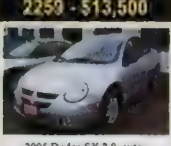
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Lakeside Golf Introduces A New Hole

"We were always known as 'that pretty little course in West Guilford,'" says Cindy Cox, who with her husband Earl and children Kristoffer (16) and Cassandra (12) have been the proud owners of the Lakeside Golf Club for the past nine years. "Over the years all the previous owners improved the course in their own fashion, for sure," adds Earl. "But with our brand new 4th Hole and the re-design of four other holes, we know that this 'little course' is edging towards a whole new level."

The Lakeside's brand-new 4th hole is truly something to behold. Almost four years in the making, carved out of the bush, and tucked in behind the other eight holes, it runs a full 589 yards at a right angle to the rest of the golf course. The vistas of the course and nearby Green Lake are breathtaking: the fairway undulates up and down through the tall bush to a pond hazard that lies just below the green. Naturally Earl, along with the course's long-time designer and current consultant Jim Elstone, have established a number of tee positions to accommodate different skill levels. But no matter where you start, this is really a majestic golf hole that's sure to be loved, or at least respected, by all Haliburton golfers.

But what a job it was to build this hole. "You know, it might look as if all you have to do is to cut down the trees and plant some grass," says Earl, "but believe me the process of creating a first-rate golf hole out of the bush is a tremendous amount of

work, not to mention all the design and planning." For sure, the trees had to come down (but the bush preserved on either side of the fairway), but then literally thousands of tons of earth had to be moved over three seasons to achieve just the right contours for the fairways. "We had to take the earth from the final approach to the

green and transport it back to the tee in order to make it work, and at the same time preserve all the original top soil. But all the work has been worth it: the final approach to the green is not only beautiful, it's also a real golfer's challenge."

The Lakeside now measures 3,235 yards in total, in contrast to the original 2,802, and with the changes to the other holes, ensures a regulation par 36. The Coxes have been improving

the course each year since they bought it in 1997. Now in their 9th season, the course, clubhouse, and pro shop have never looked better. They opened their restaurant just four years ago and it's already a popular dining destination for golfers and non-golfers alike. The restaurant and patio can seat 72, and boast unrivalled views over the course to Green Lake and the hills beyond. The kitchen offers traditional family

fare: steaks, ribs, chicken, and of course burgers, fish and chips, and daily specials.

The Lakeside has had only three owners since the Sisson family created it in the early 1950s. It was owned and operated for many years by West Guilford's Cooper family: Shirley Rapson (nee Cooper) and her husband ran the course with her brothers, Earl and the late Sid Cooper until the early 1990s when it was bought by Toronto politician and Haliburton cottager Tom Clifford. "We like the fact that so many cottagers and Haliburtonians have such fond memories of the course – and have been so welcoming to ourselves and our family," says Cindy. Former Twelve Mile Lake cottagers themselves, the Coxes describe their work as a dream job. Cindy's exten-





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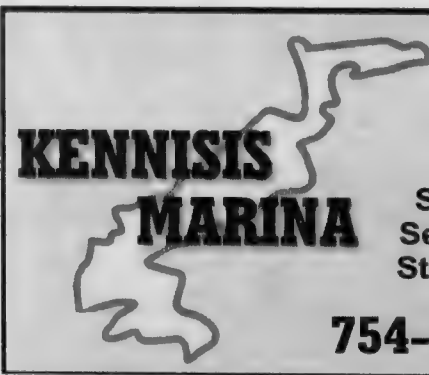
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Lakeside cont'd... pg. 23...



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Lakeside Golf

... from pg. 22

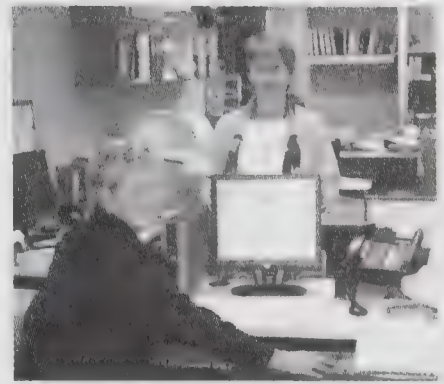
sive professional background in marketing and sales, and Earl's experience as a contractor and business owner were invaluable to them as they built the Lakeside's business. They also believe in supporting their community: on May 28th they host a Firefighters Fundraiser and just a week later welcome another charity event for the Tall Oaks Academy.



The Lakeside restaurant is open from 11 am until 9 pm and is fully licensed. A variety of memberships are available at Lakeside ranging from five and seven day family and individual passes, junior five and seven day passes, and even 10 and 20 round packages. But don't think you need a membership to play the Lakeside: the Coxes welcome any and all golfers on a daily basis, and club rental is available as well. For tee times and restaurant reservations call 705 754-2110.

The Lakeside Golf Club is located on Highway 118 just west of West Guilford.

NEW... Health Services On-Line Donations

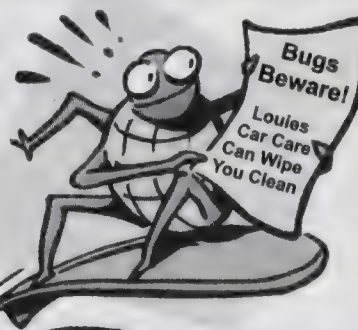


Now donating to the Haliburton Highlands Health Services Foundation can be done On-Line... Yep.. that's right... just sit at your computer and go to <http://www.hhhs.on.ca/donate.htm> and click on On-line Giving You will be taken to a form where you can fill out your donation and send it electronically. Wow... now that makes giving easy!!

The Haliburton Highlands Health Services Foundation is grateful for all contributions, no matter the amount. Your gift will make an important difference in the lives of our families, our friends, our community. By donating to the Foundation we will all benefit at some point in time.

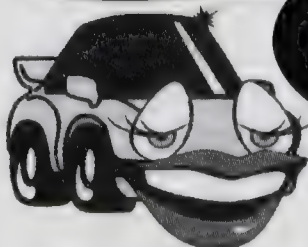
This website also shows other ways to donate. Feel free to check out the HHHS website while you are there. You will be amazed at how much you will learn about our Health Services. www.hhhs.on.ca

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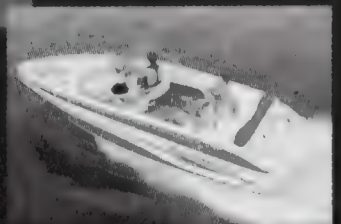
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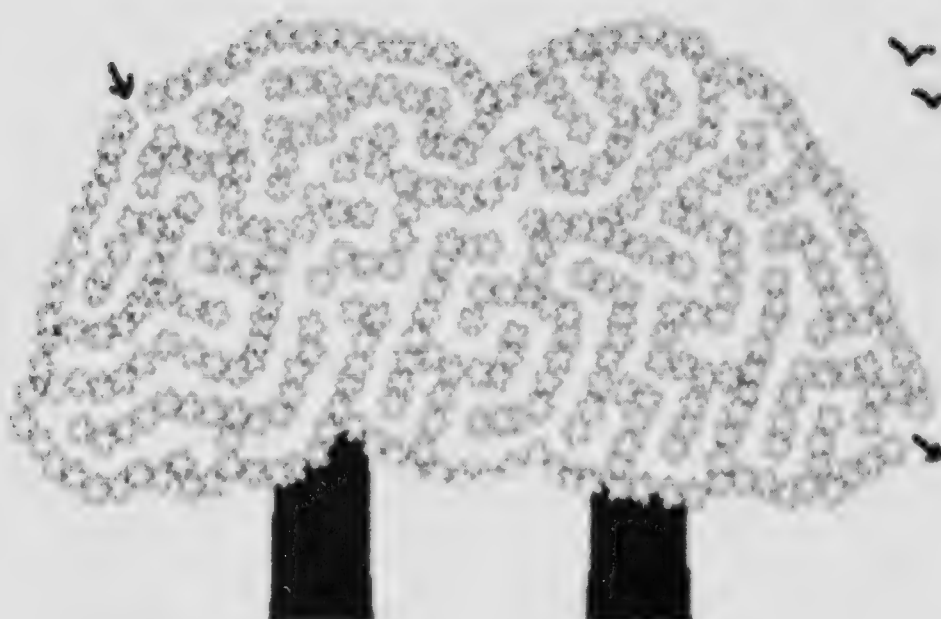
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MAZE



Stewardship Series Birds in Your Woodlot - May 26

Your chance to explore our woodlots to identify birds by sight and sound, while discovering their role in the ecosystem through presentations, demonstrations and a field trip is taking place Friday May 26th 9 am – 3 pm at the Kinark Outdoor Centre, on Queens Line, 10km West of Carnarvon on Hwy #118. from 9 am – 3 pm

You are encouraged to bring binoculars and field guides for the field trip. \$20/person, Lunch is provided, Pre-registration requested.

For more information you may contact: Haliburton Highlands Stewardship Council Tel: 705-286-5206 Fax: 705-286-4355 or Email: Nicole.tuyten@mnr.gov.on.ca



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Walk With Donald Smith & See and Hear The Birds

You are invited to take part in the upcoming eighth annual spring morning walk with Donald Smith to see and hear birds along the Rail Trail.

If you would like to join in, meet at Gould Crossing at 6:30 a.m. on Saturday, May 20. To get there drive E 0.4 km along Gould Crossing Road from Gelert Road (County Road 1) opposite the Haliburton Driving Range. Park near the rail corridor. Bring walking shoes, binoculars, field guides, and possibly insect repellent.

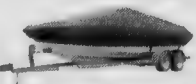
Meet Ellen Davidson & Learn About The Huge Respository of Family Records Available To You

Everyone is welcome to come and see Ellen Davidson from the Bancroft Family History Centre of the Church of Jesus Christ of Latter-day Saints (LDS), who will be the feature guest at the Wednesday, June 14 meeting of the Haliburton Highlands Genealogy Group.

Ellen will explain about the huge repository of records available through the Family History Centre including US, Canadian and British Census records, the many other microfilm and microfiche records of Births, Marriages and Deaths that are available, the IGI (International Genealogical Index) and the explosion of information that is now available via the Internet. This will be a 'must' for anyone interested in genealogy.

The meeting will be held at the Minden Hills Cultural Centre (back door); doors open at 6pm, speaker at 7. Everyone welcome - no charge. For more information contact Gail Leach-Wunker 286-2225.

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Crazy Rafting Challenge

The Minden Fire Department are challenging all residents, cottagers, businesses and Service Clubs to build the most creative raft for the July 1st Minden Crazy Raft Race down the Gull River (Rotary Park to downtown Minden).

This Canada Day event has become a great boost for the Haliburton Highlands calendar and a popular magnet for tourists and residents alike.

Does your cottage or home suffer from bored teen syndrome? There is no better outlet for youthful creativity than Crazy Raft building. Minden Canada Day Committee has been working hard all winter to ensure the Crazy Raft Race and all the other exciting Canada Day events are a fun outing for everyone. Downtown Minden will be "ground zero" for fun on July 1st. Look for more details in upcoming editions, or at Minden's website www.minden.on.ca

There is no entry fee for the Crazy Raft Race. Lifejackets must be worn. Children under 16 must be accompanied on their raft by an adult. Entrants under 18 must have a waiver signed by a parent or guardian. Forms can be obtained at the Township offices, or at the race start on July 1st (Optimist Park across from Kawartha Dairies) from 11am to noon (12:30pm start). Prizes will be awarded to the Most Creative Raft, Best Costumes, Most Enthusiastic Crew, and first to finish. All rafts must be substantially home made. Candies will be awarded to all entrants. Anyone needing advice or information can contact Race Director Bill Chadwick at 905 853 0955 or bill.chadwick@sympatico.ca



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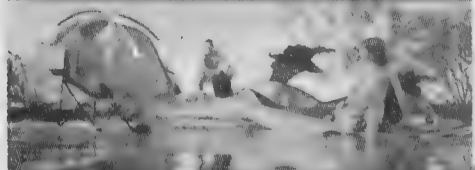
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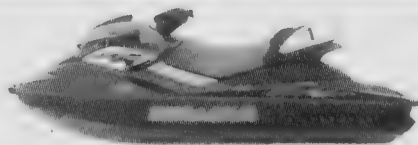


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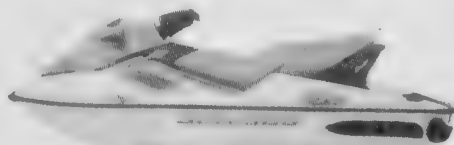
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Fun With Math.... Brain Teasers

Here's a couple math stumpers – we've run these before, but they are worth repeating.

They really make you wonder who they were and how and why someone came up with these...

- 1 - Grab a calculator. (you won't be able to do this one in your head)
 - 2 - Key in the first three digits of your phone number (NOT the area code)
 - 3 - Multiply by 80
 - 4 - Add
 5. Multiply by 250
 6. Add the last 4 digits of your phone number
 7. Add the last 4 digits of your phone number again.
 8. Subtract 250
 9. Divide number by 2
- Do you recognize the answer?

Now another fun one...

1. First of all, pick the number of times a week that you would like to have chocolate (more than once but less than 10)
2. Multiply this number by 2 (just to be bold)
3. Add 5
4. Multiply it by 50 — I'll wait while you get the calculator
5. If you have already had your birthday this year add 1756
- If you haven't, add 1755.
6. Now subtract the four digit year that you were born. You should have a three digit number - The first digit of this was your original number (i.e., how many times you want to have chocolate each week).
- The next two numbers are YOUR AGE! (Oh YES, it is!!!!)

New Business

Kushog Storage: Boat Storage and Winter & Spring Motor Maintenance

In a County with hundreds of lakes and thousands of cottages it stands to reason that the marina services and boat storage would be an important business sector. And at one time practically every Haliburton lake of any size boasted at least one marina that would happily sell you a boat and motor, service it throughout the summer and store it safely over the winter months. (And of course have it in turn key condition just in time for the May 24th weekend!).

On Kushog Lake, for many years, there was a business known as Kushog Lake Marina – and for a while there has been no activity there. But all that has changed.

"We bought the property and business last summer," says Tammy. "It had been basically abandoned for at least a year, so there really wasn't much on-going business." The Wilsons immediately set about converting the old marina premises into a spacious house for themselves and at the same time started the long process of rebuilding the storage facilities and trying to recapture some of the lost business.

"At this time we're concentrating on boat storage and full winter and spring motor maintenance," says Paul. "We knew all along how hard it would be to try and re-establish a complete marina service – and that's not in our plans. But we know that there's room for a professional maintenance and storage facility on Kushog Lake. And there's still a lot of good will towards the business from cottagers, for sure."

Paul and Tammy aren't exactly new to Haliburton: Paul's family have been cottagers on Mountain Lake for years and now are delighted that they have a family place to visit during the winter

months. Paul is a certified mechanic with Hawk Lake Construction and Tammy looks after their two children, Karley (4) and Tyler (2).

"Living and working here in Haliburton is a dream come true for us," says Tammy. "And we're both looking forward to serving as many Kushog Lake cottagers as we can. We have room for an awful lot of boats – there's over seven acres of land here with three separate storage buildings. And we also offer boat launching and docking as well."

The Wilsons know it will take time to get the business on its feet – but they have lots of energy as well as patience, an excellent and convenient facility and of course Paul's top-notch mechanical skills.

Kushog Lake Storage is located on 1486 Kushog Lake Road

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New Business

Matt Harding doesn't think the phrase "car audio" really says it all: "I prefer to call it 'mobile sound and vision' because the technologies and the products have moved 'way, 'way beyond just sound."

Matt is a professional "mobile sound and vision" technician and installer who's just returned to Haliburton to start up his own business. Matt grew up in Minden – his dad owns Minden Metals – and he's delighted to be back home with his partner Melinda and their 10-month-old daughter Sadie. "I worked for six years in Toronto and Peterborough learning my trade with the big car audio outlets, and apprenticed with some really great people. But we decided that now was the time to start out on our own."

Matt's range of products and services is impressive and, since his business is totally mobile, it's really convenient. He's an authorized dealer for four different audio and visual component companies who produce a vast array of products ranging from the relatively low-end like Legacy Audio and Pyramid Car Audio to the mid-range Pyle Audio and the high-end Lanzur Audio and Video. Matt can work out of his home but does most of

Matt Harding Audio: "From Mild to Wild – From Sub-Woofers to DVDs"

his installations on site. His mobile unit will go wherever needed, to consult, to show his products, or to install.

Matt really enjoys the one-on-one individual service he can offer his customers. "I like to focus on the customer's own ideas – there's so much range to systems nowadays that you've really got to adapt yourself to each customer's circumstances and wishes."

And oh, that range of products is truly something. Matt supplies audio systems "from mild to wild" with component speakers, cross overs, sub woofers, and mid-base drivers with 10 to 15 band equalizers and even 5.1 Dolby Systems with digital theatre sound. Theatre sound? In my Escort? Why not? "DVDs and professional hook-ups to your laptop computer are the really big thing now. We can give you state-of-the-art video that drops down out of your dash (although it can't be in the driver's line of vision), plasma screens with separate audio and video feeds for the back seat of course. We can even install a small video screen with fabulous audio in the passenger seat's sun visor." All of this means that a typical family outing could include the kids watching different videos, or playing video games, or emailing/texting through one of Matt's systems that connects to your cell phone while Mom or Dad work away on their laptop in the



Chris Harding

passenger seat, or watch a video while the driver, hopefully, concentrates on the driving (and maybe mutters to him or herself about the next Visa bill)! What ever happened to 'I spy with my little eye'? Or family conversation?

"You can always turn it all off, you know," laughs Matt. "And I particularly like being able to design systems that fit the customer's budget. Because we have virtually no overhead, we offer really good components at excellent prices. And we're happy to help you do simple retrofits as well, just to help your old system along a little."

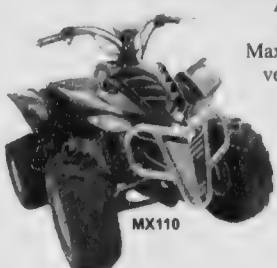
"Another really important service we offer has to do with warranties: if there's any problem with our products we'll make sure that the item is either repaired or replaced – and we'll take care of all the paper work, and the legwork as well. It's just another example of the individual attention we give to each job, and to each customer."

Matt's also happy to consult with his customers and advise them as to what car video and audio options they have. He's a real pro, as well as a genuine hi-tech enthusiast. Customers can reach Matt Harding Audio at 705 457-8628, or at Minden Metals, 705 286-4899.



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Pictured left to right is Carolyn Christian, coordinator for the Minden Food bank with Jody Joann and Fitness Plus owner Laurie Mackie. Jody recently won the grand prize of a \$200 complete skin care kit from Fitness Plus. Fitness Plus in Minden ran a two month Food Drive for the food bank where members received a ballot for each time they brought a non-perishable food item to the club. Congrats Jody and all who participated in the Food Bank Drive.

Walk and Yoga

For the past year Gail has been offering a Walk and Yoga Class out of the Holness Yoga Studio in Donald. Participants meet in the morning and walk for one hour. They have the choice of walking a flat trail or one with many hills. The choice is theirs. After walking they return to the studio where Gail leads them in a challenging yet relaxing yoga class.

The benefits gained from a class like this include improved breathing capacity, better balance, stronger muscles and bones, better posture and a happier frame of mind.

She would like to offer a similar class in Minden. If you would like to find out more about Gail's classes, you can contact her at 455-9294.



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Urban Legends

The Misunderstood Note

A witness at a trial was too embarrassed to repeat the obscenity the defendant had suggested to her, so the judge suggested she write it down, and let the jury read it. The woman did as she was asked, and the note was handed to the jury. The judge told them to each read it carefully and pass it along. The last man in the jury box had fallen asleep, and the young lady next to him woke him and handed it to him. He stared at it in surprise for a couple minutes, then began to fold it up. The judge asked him to please hand the note to the bailiff and the juror replied, "Your honor, this note is a private matter between the lady and myself."

The gene pool could use a little chlorine!!

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Girl's Hockey Looking Forward To Second Great Season.... Now's The Time To Sign Up!!

For the past five winters Haliburton minor hockey has featured a very successful County or House League, in addition to its Rep or travel teams. The County League teams play each other all season long, while the travel teams play opponents from other Counties and municipalities.

Derek Feir and Dan Marsden coached a County League team of youngsters during the 2004-2005 season that had included six girls in a total roster of about 12 or 13 kids and many of the other teams had a healthy percentage of female players as well. This got Derek and Dan's wives, Shannon Feir and Ginny Marsden, to wondering whether or not the County could organize an all-female hockey team in the Rep division. And thus began a long summer of negotiations, organizing, and sheer time-consuming work that last

fall culminated in the successful formation of the Haliburton Storm's first all-girl Rep team.

"We really had no idea what we were getting ourselves into," says Shannon. "There are, to put it mildly, an awful lot of rules and regulations governing girl's hockey. The Highland Storm Association was very supportive all the way, but we had to prove to the Ontario Women's Hockey Association (OWHA) that we were for real."

"There are just so many issues you have to address to get OWHA approval that it sometimes seemed

we'd never get there," says Ginny. "But we were pretty determined. A few years ago some Haliburton girls had joined up with a Bancroft girls team, but we wanted to keep our kids here."

Finally the OWHA gave its approval for the formation of a Highland Storm team for girls 8 years old and younger that would compete against selected teams from the Cobourg, Peterborough, Coldwater and Belleville areas. But even then the approval was only probationary, and for one year only. It was up to the first girls Storm team, and their organizers, to prove they could make the first season a success.

With Shannon and Ginny as co-managers, and their husbands Derek and Dan as coaches, the team recruited 12 determined and enthusiastic hockey players, including their own children, Sydney

Girl's Hockey cont'd... pg. 31...



Crazy River Raft Race

Minden Hills Canada Day 2006 - Gull River

THE CHALLENGE

The Minden Hills Fire Dept is challenging all residents, cottagers, businesses and Service Clubs to build their most creative raft for the July 1st Raft Race! More

No Entry Fee

Forms available at the township office or at the race start on July 1st, at Rotary Park across from Kawartha Dairy from 11 a.m to noon - 12:30 start

Prizes for Most Creative Raft, Best Costumes, Most Enthusiastic Crew & 1st to Finish. All Rafts Must Be Substantially Home Made

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Girl's Hockey cont'd...

.... from pg. 30

Feir (7) and Connor (8) and Kenndal (6) Marsden. "The skill level was really varied. We knew we'd be up against some teams that would really be a challenge. We even had one little girl who started the season using a pylon in practices to help her learn to skate," says Shannon.

"Our focus was to improve the play and skill level of each girl all through the season," says Derek. "And our philosophy was to have fun and improve with each practice and each game. Two of the girls had never played hockey, in fact, including of course our pylon skater."

"But you know," says Ginny, "by the end of the season that little girl even managed to score a goal in one of the games, and you should have heard the cheers, not to mention some happy tears as well." And by the season-ending tournament in Kingston, the Highland Storm were holding their own against teams from across the province.

This year, the Highland Storm has decided that all teams need to be registered by June 20, 2006, and there will be no fall registration. "We hope to put at least two teams on the ice this year," says



Ginny Marsden and Shannon Feir

Sign Up Now... There Is NO Fall Registration This Year...

Shannon. "Our team last winter was in the Novice Division and we'd really like to see an Atom entry (girls 9 to 12 years) come together as well. These kids had a wonderful time this past year: we had great support from all the parents and their families – it was a pretty special time. And their hockey skills were greatly improved as well. And since women's hockey is among the fastest growing sports in the country, we know there's going to be greater and greater interest every year. It would be a real shame if we had to take our children to Lindsay or Peterborough to play in an all-girl league."

The success of the Highland Storm girls team is another example of how volunteers and committed parents create exciting opportunities for the whole community. If you'd like your child to be part

of Storm hockey this year, you can register in one of three ways: you can go to the Storm's website, www.highlandstorm.org; you can register by mail at P.O. Box 406, Minden, ON K0M 2K0, or you can register in person at the Haliburton Arena at 7 pm on May 18th, 23rd, or 30th, or at the Minden Arena at 7 pm on May 25th and June 1st. Be sure to mark your calendars!

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It's The Law!



In 1536, England's King Henry VIII made it illegal to bake mincemeat pies on Christmas day- a law that stills stands today!

In 1951, crossword puzzles were banned by law in Burma!

Dry for over one hundred and forty years! In 1992, residents of Ephraim, Wisconsin, voted to retain a ban on liquor in the town that dates back to the 1850s.

A law in New Zealand requires dog owners to take their pets for a walk at least once every twenty-four hours!

It's against the law in Connecticut to sell pickles that fell apart when dropped from a height of twelve inches!

A 1937 law made spring cleaning compulsory for all citizens in Hungary!

Learn Through Laughter to Help Your Workplace Cope Better With Life's Challenges & Stress

Employers and their staff who want to find ways to boost innovation and cope with everyday stress can get some help at an upcoming workshop.

Part entertainment, part enlightenment, the wellness workshop set for June 6 in Minden features two dynamic speakers who will mix learning and laughter in an informative presentation that's ideal for managers or front-line staff:

WHAT:

Brain Booster/Stress Buster Workplace Wellness Workshop

WHEN:

Tuesday, June 6, from 8:30 am to 3 pm

WHERE:

Haliburton Highlands Health Services (Minden Auditorium) 6 McPherson St., in Minden

WHY:

The event features:

'Train Your Brain' presented by award-winning educator and acclaimed "brain trainer" Brian Thwaites. The session offers ideas for people to enhance their learning potential and try new approaches to cope with life.

'Stress is Funny' presented by renowned speaker, humourist and author Tricia Hasenclever. The session will use a lighter approach to teach participants ways to relieve daily stress in the workplace.

HOW TO JOIN:

Cost is \$25 per person (includes lunch, refreshments and door prizes). Register by May 26 by calling 1-866-888-4577 or e-mail dwilson@lindsay.hkpr.on.ca.

The event is presented by Health for Life and the Canadian Mental Health Association.

Middleton Doll



A Doll for Every Season and One Compelling Reason...

Middleton Doll and award-winning artist Rev Schick have designed "Blessings of Hope" in support of the Susan G. Komen Breast Cancer Foundation. For each "Blessings of Hope" doll sold Middleton Doll will donate 10% of the retail price to the Komen Foundation in support of research and outreach. Middleton doll will make a guaranteed minimum donation of \$25,000

The mission of the Komen Foundation is to eradicate breast cancer as a life-threatening disease through research, education, screening and treatment. For more information about breast health or breast cancer visit www.komen.org or call 1-800 I'm Aware

"Blessings of Hope" features Sweet Morning® sculpt by Reva Schick. She is clothed in a genuine Swiss pima cotton baptism gown and bonnet. Her heirloom-style christening gown is embellished with eyelet-embroidered ruffles, pin tucks, lace insertions and lace edging. The delicate pink ribbon sash is finely stitched on the front of the intricately fashioned bodice of her gown. "Blessings of Hope" is available in light, medium and dark skin tones

*Due to the importance of the cause and the beauty of the doll, the Sweet Morning line will be retired after the production of this doll.

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Lange On The Law



by **Donald J. Lange**
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Shoreline Ownership

If you own waterfront property to the shoreline, you are a riparian owner, meaning you own the bank ("ripa") of the lake to the water's edge. But where is the water's edge in Haliburton? There is a high water mark in the spring and a low water mark in the fall. The lakes are drawn down over the summer to feed the Trent-Severn Canal system to the dismay of many waterfront owners, and the growing protest of a few. On some lakes, the draw down is greater than six feet.

Surprisingly, the law in Ontario was clearly defined in 1852 and definitively settled 25 years ago in the 1971 case of *Ontario (Attorney General) v. Walker*, affirmed by the Supreme Court of Canada. The case started with a very lengthy trial over the ownership of beaches on the north shore of Lake Erie in the Township of Bertie, commonly known as the Thunder Beach area. The trial judge held that a riparian owner owns to the low water's edge, adopting an 1852 decision of an appellate division of Upper Canada, as it then was. Here is what the trial judge said:

"In the case of *Parker v. Elliott* (1852), 1 U.C.C.P. 470, the majority of the Court held that in the case of inland waters, a grant having a river or lake boundary extends to the water and that the law of foreshore as it is applied in England with respect to tidal waters is not properly of application in the inland waters of the Province of Ontario, and that the distinction of high and low water marks will not hold, save where the tide exists . . . any Crown patent which indicates that one of the boundaries of the lands granted is to be a boundary of water, then establishes that boundary as at the water's edge [lower water mark] and not upon any bank or high water mark unless, of course, the grant clearly reserves by description or otherwise a space between the lands granted and the water boundary or unless the boundaries of the lot can be so clearly delineated by reference to an original plan of survey as to clearly except or reserve to the Crown a space between the lands granted and the water's edge."

And who owns the land under the water? The Province by virtue of the *Beds of Navigable Waters Act*. In the next column, I will be talking about home inspectors.

**Time is fun when you're having
flies - Kermit the Frog**

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The New Bear Is Here....



Each year Haliburton adds to its population by introducing a new Haliburton Health Services Foundation fundraising Teddy, and this year we are pleased to introduce (and welcome to Haliburton County) "Ting" - the 10th Accute Care Bear.

Pictured with Ting is Haliburton Post Office staff, Joanne Coumbs, Karen Pockett and Leanne Carpenter with Foundation Executive Director, Dale Walker -. The post office is one location where you can buy your very own "Ping" and in doing so, you help raise funds for our Health Services. Ping is also available at the Bank of Montreal, The Hospital, The Ethel Curry Gallery, and in Minden at the CIBC and at Whispers North. Watch for Ping around town and be sure to get yours soon!! Due to the generosity of everyone that purchased the past nine bears, \$48,800 has been raised! The Bears are \$20 each.

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Slipping Out of Time

I can't say about anyone else, but I have a real problem with time. The problem is not about feeling I have too little of it, though lots of people say that's their problem with time – no, mine is more about feeling the constraints of it. It's about schedules and deadlines, and the pressure that comes with them. It's about squeezing in too many things into too little time, or feeling I have enough time to do this, this and this, when I only have time for this. Relating to time in this way, which has haunted me for a lifetime, used to serve me well when I was teaching, traveling and facilitating, but now it feels too small, too tight, and I am straining at the boundaries that time sets up. I no longer want to be – literally – timebound.

Reflections from SoulWinds

by Brendo Poddigrew

A few days ago, in the warming spring weather that we have been having, I took out my bike and rode – reveling in the freedom and feeling ten

years old again – to Halls Lake in the early evening to witness the sunset and to see how the ice was faring in all the warmth. There, sitting on a bench in the empty Elvin Johnson Park, I was wrapped in stillness and in the silence that only an early spring evening seems able to bring about. The cries of geese, ducks and gulls as they negotiated the edges of the remaining fragile ice highlighted rather than interrupted the silence. The light was silver, edged in gold, and it illuminated that familiar landscape in a way I'd not seen before.

My active mind tried its best. All the concerns of the day swirled and jumped around and tempted me into believing that something new could happen if I'd just listen to its repetitive rap song, a song of thoughts that really hadn't changed much all day. This is a familiar illusion, and I've made some small progress these past few years in dis-illusioning myself about that particular belief. But stream of inner thought is far from giving up, and as I sat surrounded by the stunning stillness around me, it tried again. I didn't want to listen. Perhaps it was that very definite decision – that I wanted a break from my own mind – that brought about, spontaneously, something that I've been practicing for awhile; i.e., dropping out of my thoughts into a deeper, calmer space that is simply being present without words, without naming, and being still. And – at this moment on the edge of Halls Lake on a new spring evening – I discovered that dropping out of the endless stream of thoughts meant also slipping out of time.

Sitting there, time passed without my knowing it. Without my checking my watch, without my wondering how long it would take me to get back, without enumerating what tasks I had left to do that evening. I felt dropped into a well of presence, a comforting sense of belonging to all I saw before me: the lake with its thin edges of ice, the light of silver and gold, the vibrant birds, the distant treeline, the sand on which my bench had survived the winter. There was no time involved. When I next looked, time had passed, but I had not noticed, not bothered about parceling it out or how long I had to do something. I had slipped out of time, and felt strangely refreshed because of it.

try this: Find a solitary spot where you can be surrounded by nature. Drop below your thoughts and see what happens.

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Katie Hammerschmidt: Helping Loggers, Hockey Players and Everyone Inbetween

Dr. Katie Hammerschmidt, Chiropractor and owner of Haliburton Chiropractic and Massage Therapy, has an infectious enthusiasm and energy that simply won't be contained. "In fact," she laughs, "this whole practice is just exploding with energy and ideas – and I love every minute of it."

When Katie graduated with an Honours Science degree from the University of Western Ontario she was accepted into both medical school and Chiropractic College. "But it didn't take me very long to realize that I wanted to be a Chiropractor, there was just no question. Chiropractic medicine is so much more hands on, and somehow more direct than traditional medicine: and you have the opportunity to treat the whole person. I'm able to follow right through with my patients to make certain we not only treat the symptoms, the par-

ticular aches or pains for example, but also get to the root causes of the problem."



Katie Hammerschmidt

Katie graduated from the Canadian Memorial Chiropractic College in Toronto after a further four years of intensive study, and soon opened her first practice in her native Windsor. After some eight successful years, she and her husband Dave Howe made the big decision to re-locate. The Haliburton community had at the time only one practice, Hill Chiropractic, and Dr. Rob Hill told Katie that the County could certainly support another practice. So Dave and Katie moved first to their cottage on Haliburton Lake, and in February of 2002 opened Haliburton Chiropractic.

Dave had been a professional printer and business owner in Windsor, and is now Plant Manager at Patient News

Publishing. Soon after they moved, Katie's father George, a retired schoolteacher, joined them and took over the cottage, and Katie and Dave bought and renovated another home on Haliburton Lake. To make the family complete, they have two sons: Ethan (7) and Andrew, who'll turn two this summer.

"This community is very diverse in terms of its medical needs," says Katie, "which makes the practice both challenging and fulfilling at the same time. We treat a lot of patients who work at tough

Katie cont'd... pg 41...

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... from pg. 40

physical labour, loggers for example, who want their aches and pains taken care of on Saturdays because 'I want the pain I got on Friday gone by Monday so I can get back to work'. And at the same time we regularly visit other professional offices to advise on the ergonomics of their office furniture – to help prevent what can become long term injuries, even disabilities."

Haliburton Chiropractic provides an impressive range of medical services: Katie of course treats a myriad of ailments from hockey injuries ("we're packed in here during hockey tournaments") to kids with headaches from carrying 50-pound backpacks to more difficult cases where the problems are ill-defined and complex. "When a patient has a problem that isn't absolutely straightforward, for instance feels constantly bloated, or without energy, or can't sleep properly, we gradually tease the problem in stages until more and more symptoms reveal themselves. Our treatment often goes from ergonomics to nutritional concerns to lifestyle and emotional, relationship, and professional issues. It's rarely simple, and you have to keep at it until the patient can walk out of here with a real plan. We also utilize acupuncture and have a good relationship both with our local health professionals as well as many practitioners of traditional Chinese medicine. The more you're in this profession, the more you realize that no one person or discipline has all the answers."

Joining Katie in her practice are Cathy Killoch, a Registered Massage Therapist (RMT) who also practises Craniosacral Therapy: RMTs Marlene MacDonald, who practises traditional massage, and Monica Lorentzen, who practices European massage. Also at the clinic is Val Craftchick, who practices Tai, Yoga, and Hot Stone massage as well as Reflexology. Val is also a Reiki Master. Running the practice's Front Desk is Cathy Henwood, assisted by Carol Krieger.

The impact of the Internet on medical practices has been well documented, and Katie comments "the wonderful explosion of knowledge that's happened over the last decade has certainly helped our profession. It's made our patients not only much better informed, but also more open to different avenues and methods of treatment. It takes many different kinds of training and disciplines to take care

of a community and the more our patients are educated, the better it is for everyone in the health services."

Last summer Katie bought an old Haliburton house on the corner of Highland Street and Dysart Avenue and converted it into her professional office headquarters. It's a comfortable and efficient space, and Katie also likes to think of the area as a micro-

professional district, with neighbours who are lawyers, denturists and dentists. "But we also wanted to own our own space, as stakeholders in this community who plan to stay for our professional careers."

Katie has spent two years on the board of Haliburton's BIA and husband Dave has chaired the Santa Claus parade for a couple of years as well, with exciting results. Dave is also a Haliburton Health Services Board Member.

"This community is very special," says Katie, "as are our patients: their energy, along with that of our staff, colours and shapes this practice."

To make an appointment at the Clinic with either Dr. Hammerschmidt or any of the massage therapists call 705 457-3500, or drop in at the office at 18 Dysart Ave on the corner of Highland Street, just past the lights and before the bridge.



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"We're both very hands-on owners and managers," says Anita, "and we're committed to our customers, our bands, and our staff. We're here to make certain that we provide the very best in food, atmosphere, and entertainment."

And Jay adds, "Sometimes it's a pretty delicate balance on Saturday nights as families are finishing up their meals and they see the band getting set-up and the whole configuration and atmosphere of the place begins to change. And sometimes they just can't resist sticking around for that extra hour to hear the music! And for good reason: we've got some dynamite bands who just love to play here."



During the winter, the Fire House features mainly local bands on Saturday nights like the ever-popular Rabid Dogs or Sherry Hawkins. In the summer they turn to travelling bands who have a devoted following among cottagers, campers, and area residents. The Mannings are very shrewd marketers and promoters who just never stop thinking of ways to attract a crowd. On Friday nights they

have an awesome All You Can Eat Pasta Buffet for just \$9.95 which, no surprise, is usually packed. When you've done with your pasta, the Karaoke starts, with an amazing 3000 songs available on the song list.

On Saturdays, the live bands take over and for this first long weekend "Your New Neighbours" make a return appearance. On Sunday night Kelly Davis, lead singer for "The Dirty Little Swing Thing" per-

forms. And every Sunday until Thanksgiving the Fire House offers their famous Prime Rib special from 4 pm until 10 pm. Other bands that will be featured over the summer are the Tragically Hip tribute band the Wheat Kings, The Joys, who'll appear in August as well

Fire House cont'd... pg. 43...

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Fire House Restaurant cont'd...

... from pg. 42

as the Red Neck Woman, a Gretchen Wilson tribute band.

The restaurant/bar at the Fire House is a truly warm, welcoming space that accommodates hard-driving bands with ease. And the patio has a great view of St. Nora's Lake on the right, and Kushog over the road on the left. Total capacity is 195 and it's regularly packed.

So how did Anita and Jay manage to turn around the business in such a short space of time? The couple both had a lot of experience in the corporate business world in Toronto. Jay had worked with Clublink and Anita was very familiar with the bar and entertainment business. They wanted a change, and a chance to own their own business, but owning something like the Fire House wasn't at the top of their list. They were, however, friends with the owners of the Pattie House, Coboconk's highly successful tavern/night spot. During one visit at the Pattie House the Mannings suddenly realized that this was a business that they might be really suited for. And after a lot of searching and agonizing and thinking, the Fire House became theirs in June of 2003. "We were really sick of the old 9 to 5 in the city," says Jay, "although I don't know if we were completely aware of just how demanding this life could be: but we've really had an awful lot of fun."

"We're people who once we make a decision on what way to go, we go straight ahead and give it the best we've got, and sometimes you have to pay a price for excellence," says Anita. "From the beginning we wanted to create a business that deserved our customers' loyalty, and where we could prove our appreciation for our clientele by providing great food, a great atmosphere and excellent, home-cooked food. We also determined to develop a staff that would work together with respect and a high level of energy and commitment. We have a great chef, Keith Zallusky and a total staff of up to 15 in high season, and both the back and front of the house work together as smoothly as possible. And of course, we're always here for our customers: hands on means hands on."

The Mannings have brought imagination and verve to every aspect of their business. Last summer they held a fundraiser for the Stanhope (now Algonquin Highlands) Firefighters. They obtained a special license to include a circus tent and an expanded patio, provided three bands, named the event the Rock the Dock for the Stanhope Firefighters and started off the festivities at 3 in the afternoon. Hundreds of happy partygoers showed up, over 400 of them for the event. They plan to repeat the bash this summer and possibly include a different mix of charities.

The Fire House also hosts a Wednesday night Bike Night starting the 1st Wednesday in June and featuring their special Fire House Flintstone Jumbo Beef Ribs. All makes and models of bikes, ATVs, and bikers are welcome.

Anita and Jay also want to make sure their customers continue to check out the Communicator to see exactly what bands and special events are planned as the summer progresses. As soon as they know, you'll know!

The Fire House is open from Sunday through Thursday from 9 am until 10 pm and on Friday and Saturday from 9 am until 2 am. It's located on Highway 35 at the north end of Kushog Lake and can be reached at 705 489-4608.

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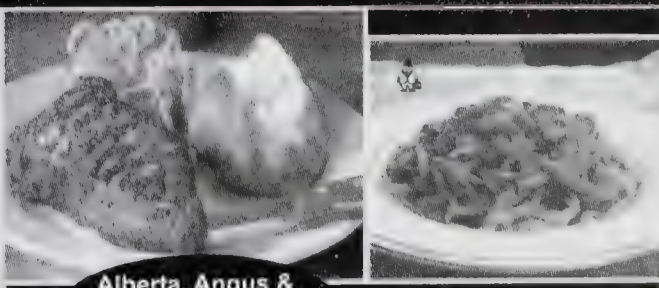
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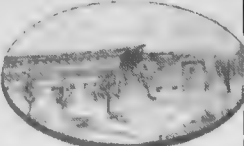


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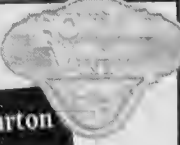
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Worldly News



ACCIDENTAL FELON: Anthony S. Jones, 27, was at a friend's house playing a video game with a child when he called a co-worker at the restaurant where he works. As he chatted on the phone, he warned the child, who was playing "Grand Theft Auto", "There's a bomb in the building. There's a bomb in the building! Everyone needs to get out!" so the kid wouldn't lose the game. But the co-worker on the phone got scared, thinking the comment was directed at him. Police evacuated the Jacksonville, Fla., restaurant and, of course, found no bombs. Officers went to the house and arrested Jones, charging him with making a false report about planting a bomb or explosive, a felony. He faces up to 15 years in prison. (Jacksonville Times-Union) ...He'll be in a cell with the guy who said "Hi, Jack" to his friend on an airplane.

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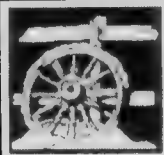
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'Palace of the Cinnabar Phoenix' Tickets Now On Sale!!

Hot off the PRESS.... according to organizers, tickets for 'The Palace of the Cinnabar Phoenix' will be available in Haliburton by Friday May 19th. Tickets will be sold at the Rails End Gallery and at The Haliburton Forest & Wildlife.

You may want to get yours quickly, as they may sell out fast for this much anticipated show.

Last summer marked the first year of a five year partnership between R. Murray Schafer's Patria Music/Theatre Projects and the Haliburton Forest and Wild Life Reserve that showcases some of the world's most imaginative and ground-breaking theatrical productions. R. Murray Schafer is a world-renowned composer and author who's produced some of the most ambitious theatrical musicals ever seen. Last summer's "Enchanted Forest", part of Schafer's twelve-part Patria Cycle, transported audiences through the Haliburton Forest at night in what has been described as one of the most magical events ever to take place in the County.

This summer the Patria team will be producing "The Palace of the Cinnabar Phoenix" which the Globe and Mail's Robert Everett-Green described as "a rare, supernatural delight." Unlike last year's production, the Cinnabar Phoenix will take place exclusively in one locale, the Forest's Bone Lake, with the audience seated in an amphitheatre type setting. The action takes place both on the shores of the lake and in the lake itself.

Off The Wall Art Sale

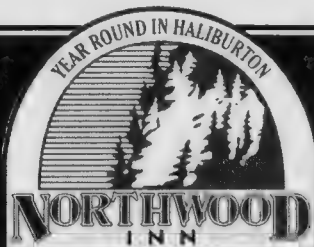
Agnes Jamieson Gallery, Minden, May 27 10am to 5pm & May 28 12pm to 4pm

Here's a great opportunity for both buyers and sellers of art. You can pick up some new pieces, or sell ones you don't want. Drop off your tired art then join others for the sale to buy something new and different! Items for sale are accepted anytime at the gallery during business hours. Wed to Sat 10am to 5pm. ANYTHING goes. Sales are anonymous! 35% of sale goes to the gallery and the rest is yours.

Call the gallery at 286-3763 for more info...don't miss this opportunity!



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UPCOMING RENO'S: LADIES WASHROOM MENS WASHROOM BAR AREA EXPANDING

Highlands Summer Festival Primed for Another Season

The roles have all been cast, seamstresses are busy assembling the costumes, the sets are being built and the rehearsal calendar is full....this is one of the busiest and most exciting times of the year for the Highlands Summer Festival. Opening night is just six weeks away and everyone involved in the creation of another exciting season of live theatre at the Northern Lights Performing Arts Pavilion in Haliburton is moving into high gear.

This is the seventh year for the Festival and should be one of the most entertaining. The line-up includes a variety of presentations bound to please just about every taste.

The season opens with a Norm Foster comedy, *Maggie's Getting Married*. This romantic, adult comedy takes place the night before "The Big Day". When Maggie's older sister meets the future groom, she discovers she knows him a little better than Maggie would like. This hilarious, non-stop comedy will elicit gales of laughter from anyone who has ever travelled the path from, "Will you marry me?" to "I do."! (Performances: July 3, 4, 5, 6, 7, 10, 11, 13, 14.)

The season then switches gears to present the touching story called *The Miracle Worker* written by William Gibson. Annie Sullivan's first job? Teach communication skills to a young, blind and mute Helen Keller. She is spoiled and violent. Only Annie realizes Helen has a mind that is waiting to be rescued from a dark, tortured silence. This honest treatment of the ensuing turbulent events, makes the working of this miracle an uplifting audience experience. (Performances: July 17, 18, 19, 21, 23 (Sunday Matinee), 24, 26, 27, 28.)

Then it is more summer comedy with the Joe DiPietro play, *Over*

The River and Through The Woods. This hilarious family comedy centres on Nick, a single, Italian-American guy from New Jersey. He sees both sets of his beloved grandparents every Sunday for dinner. That is, until he has to tell them that he has been offered a dream job that would take him to the other side of the country. The news doesn't sit so well with his doting grandparents. Thus begin schemes, including introducing him to the young and beautiful Caitlin. (Performances: July 31, August 1, 2, 4, 7, 8, 9, 10, 11.)

As usual, the Highlands Summer Festival line-up includes classical music concerts....only this year we have added a twist. Two guest artists will be sharing the stage this year in concerts we are calling, *If Music be the Food of Love....Play On*. Our classical concerts are being co-ordinated this year by the popular and talented pianist Melissa Stephens. Joining her for the first two performances will be well-known soprano soloist, Barbara Dunn-Prosser. And, for the last two, she teams up with bass soloist, Jon-Paul Decosse. Enjoy a melodious mixture of Opera, Broadway, Mozart, Bartok, Gershwin and much more!! (Performances: Dunn-Prosser, July 12 and 20. Decosse, July 25 and August 3.)

Tickets for the 2006 season are now on sale. Those interested in saving can purchase a season pass, one ticket for each of the four productions for only \$72 (\$77.04 with the GST included). Single tickets are available at \$22. Passes and tickets can be purchased by calling the box office at 705-457-9933. More information on the season can be obtained from the Festival website: www.highlandssummerfestival.on.ca



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Jim Wilson Rotary Club 489-2601

\$20. per person

Dinner proceeds to St. Paul's Special Projects Fund
Auction proceeds to Minden Rotary Club Projects

**The ORIGINAL point and click
interface was a Smith & Wesson**

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The Season Begins!

**Fresh Vegetables, Herbs,
Flowers, Baked Goods, Jams,
Pickles, Meat, Maple
Syrup, Mushrooms,
Arts & Crafts,**



**Every Saturday 9-4
from Victoria Day Weekend
to Thanksgiving Weekend**

any questions call
Peter @ 705-488-1512

**ROCK THE DOCK
2006**

Sat August 26th
Factor Five
Your New Neighbours
The Wheat Kings

THE FIREHOUSE RESTAURANT



NOW OPEN 7 DAYS A WEEK FOR SUMMER SEASON!

Open 9 a.m for Breakfast. Sun - Thurs 9a.m - 10 p.m Fri, Sat 9 a.m- 2 a.m

LICENSED WATERFRONT BOAT UP PATIO BAR

"PRIME RIB" SUNDAY. 4-9 P.M

Soup or Salad Starter. Choice of potato & seasonal vegetable with Yorkshire Pudding.

SUNDAY BRUNCH IS BACK! STARTING JUNE 18th

Try our breakfast Omelet Station... Personalized omelets made right in front of you. Large variety of homemade lunch dishes.
Full salad bar and variety of desserts.

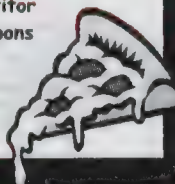
FRIDAY NIGHT'S KARAOKE STARTING MAY 12TH NEW KARAOKE. 10 P.M OVER 3000 SONG SELECTION!!



FIREHOUSE PIZZA

Call in and order and receive 10% off all our competitor prices. Bring us any direct competitors regular coupons or flyer and we'll give you 10% off their price!

10 % OFF Their Prices!!



WEDNESDAY NIGHT IS BIKE NIGHT!

STARTING JUNE 6TH.
ALL MAKES AND MODELS! ALL



"Where Friends Are Serving Friends"

489-4608 Hwy 35 (at Ox Narrows)

Saturday Night Summer Band Line Up!

(Victoria Day) Saturday
May 20th

Your New Neighbors

Saturday May 21st Kelly Davies (Solo)

Saturday May 27th Cronics

Saturday June 3rd Fiction

Saturday June 10th Way Cool Junior

Saturday June 17th Tara Tuma

Saturday June 24th Zoo

(Canada Day) Saturday
July 1st

Wheat Kings *Tribute to
Tragically Hip*

Sunday July 2nd Kelly Davies (solo)

Saturday July 8th Erin's Fire

Saturday July 15th Camp Fire Poets

Saturday July 22nd

The Dirty Little Swing Thing

Saturday July 29th Lucky 13

(Civic Holiday) Saturday
August 5th

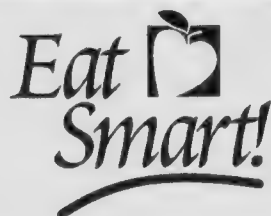
"The Joys"

Sunday August 6th "Kelly Davies"

Saturday August 12th "Ocean"

Saturday August 19th Tara Tuma

LOOK FOR THE EAT SMART! SYMBOL NEXT TIME YOU DINE OUT!



Ontario's Healthy Restaurant Program

It ensures a variety of healthier food choices, on the menu and by request, including vegetables and fruit, lower-fat options and substitutions, an excellent track record in food safety and at least one full-time safe food handler on staff.

The Haliburton, Kawartha, Pine Ridge District Health Unit congratulates 11 restaurants in Haliburton County for earning Eat Smart! designations.

DWIGHT

Algonquin Inn Lakeside	3367 Highway 60	(705) 635-2434
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EAGLE LAKE

Sir Sam's Ski Area	Sir Sam's Road	(705) 754-2298
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HALIBURTON

Bonnie View Inn	County Rd. 18, South Kashagawigamog Lake Rd.	(705) 457-2350
Gallery on the Green - Delta Pinestone Resort	County Road 21	(705) 457-1800
Heatherwood - Delta Pinestone Resort	County Road 21	(705) 457-1800
Kosy Korner	Highland Street	(705) 457-2810
Lakeview Motel and Dining	4951 County Rd. 21	(705) 457-1021

MINDEN

Gravity Coffee House	2 Newcastle Street	(705) 286-4804
Grill on the Gull	115 Main Street	(705) 286-3886
Heather Lodge	11483 Highway 35	(705) 489-3257
Wild Orchard Thai Cuisine	North Water Street	(705) 286-1532

For a list of Eat Smart! restaurants across Ontario, visit www.eatsmart.web.net

For an up-to-date listing of local restaurants, visit www.hkpr.on.ca

HKPR Haliburton, Kawartha, Pine Ridge District

Health Unit

Health for Life
Taking Action for Healthy Living



Canadian Cancer Society
Société canadienne du cancer



HEART AND STROKE FOUNDATION OF ONTARIO

**EAT SMART AND FEEL BETTER!
THE CHOICE IS YOURS.**

Students Starve Themselves For The World Vision 30 Hour Famine

By Tiffany-Lynn Howard



Rice & Water was all the participants could consume

On Thursday, May 11th, 2006 at midnight until Saturday, May 13th, 2006 at 9:00am, teens of H.H.S.S participated in the World Vision 30 hour famine. There were over 100 students participating in this event. They raised approximately \$6,000 for a great cause.

All participants had to start fasting Friday at 12:00am and Friday at noon all we could eat was a bowl of steamed white rice. Other than our precious rice, we could only have clear fluid and we were

to Drink...Drink...Drink. The H.H.S.S. students were not allowed to eat any solid food only water and fruit juice until Saturday at 6:00am.

The students that participated were involved in playing crowd breaker games so they could get more comfortable with each other. This was held at the Athletic Complex from 4:30 to 5:30. All teens were having a Blast.

To help out the Community more, the H.H.S.S. students held a canned food drive in Haliburton. All participants were divided into groups of 9 and went door to door asking politely for donations if they would like to donate any non perishables. All

donations made were because people just wanted to give back to their community. After we finished going door to door everyone returned back to



napping & hungry

30 Hour Famine cont'd... pg. 49...



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DINING!**

Overlooking Lake Kashagawigamog
Offering A/C accommodations &
superb dining with a full menu & licenced bar.
RESERVATIONS REQUIRED!

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(705) 457-1300 www.halimar.com**

30 Hour Famine cont'd.... from pg. 48

the High School for more FUN and GAMES. To end our night and cool down we went to the cafeteria coffee house in the school. Everyone was having a great time talking with one another, telling jokes, good music and also karaoke. The night was winding down and we all decided it was time for bed. We watched movies, had quiet time and talked about the good old days in JK.

At 6:00am we started to wake up and then watched a presentation about how some people lived and not being able to eat for long periods of time. We were all so happy that morning had come as hungry participants were ready for breakfast. Well all was coming to an end. It was time to clean up and pack our bags. It was a great morning. I am sending out thanks to all participants and the staff for this lovely event.



The Participants!! ? Way to go guys!!



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RESORT

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Saturday, May 27th

Featuring:



PENINSULA RIDGE
ESTATES WINERY

includes:

Hors d'oeuvres Reception
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Wedding Tip:

When to cut
the Wedding Cake!
The main focal
point is the
cutting of the
wedding cake, just

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Decorative Watermelon
Fruit Baskets, Fancy Cookies,
Candies and Squares made to
your order.

Call for a list of
Wedding Item Rentals!

Judy Carpenter

489-3027

Celebrating 27 years!

Noah's Park Inn: A Restaurant, A B&B and More...

Richard MacKenzie is a generous, outgoing Newfoundlander who for the past 20 odd years has made Haliburton the centre of his varied and busy life. For starters, he's a professional oil-tank and waste remover who works with building contractors all over Ontario. Secondly, being a native of Norris Point in Gros Morne Park, Newfoundland, he's a sometime sailor and fisherman. Thirdly, he's a horse wrangler who's looked after horses from Ontario to the Caribbean to Central America and back.

And finally, with his partner Jill Clark, he's the proud owner of Noah's Park Inn, located at the corner of Highway 503 and the Glamorgan Road (formerly the Buckhorn Road) just west of Gooderham.

"You'd be mistaken if you thought Noah's Park was just a restaurant, or a B&B," grins Richard. "We've got so much

going on here I can hardly keep track of it all." And then he happily gives the visitor a tour of his 24 acres, with surprises at every turn.

"Did you know I have a herd of elks? Well actually, they're probably only about 85% elk, the rest is likely red deer." Richard says, "and then of course there're my turkeys and ducks, just over here." The elks are housed in a generous pen in the middle of the forest and happily come over to say hello. The turkeys and the ducks wander around on their own, in and out of their pens; the gobbler is a perpetual state of male posing and preening.

A little further down the trail, "There's my emus, and some goats – and here're our donkeys, looking for breakfast!" And later on we encounter tall, stately llamas walking carefully through the Haliburton bush. Richard and Jill's two dogs, a Shepherd cross and a Jack Russell, gamble along happily, keeping this

slightly crazy flock in a kind of order "and doing a great job of



Richard MacKenzie



GIANT YARD SALE!!

LOTS & LOTS OF CLOTHING



25¢ each



**SATURDAY
MAY 20TH**

Starting at 7 A.M

30 NEWCASTLE ST. MINDEN

Noah's Park Inn Also Offers High-Speed Internet Cafe

... from pg. 50

keeping predators away, as well," says Richard.

We slowly make our way back to the generous gardens and patio of Noah's Park. "Besides being a family restaurant and B&B, we've also started our own high-speed Internet Café," says Richard. "With everything that's going on in our lives, it's as if the Internet – and cell phones – were invented just for us. And when I got our high-speed connection working, I decided it should be shared with our neighbours, and the local cottagers, at very low rates. And it's super fast as well."

So Noah's Park Inn is "a restaurant with family food, all fresh, and open all day long", a well-kept B&B with two bedrooms (for \$45 per night), the Internet Café, nature trails, cross country skiing and snowmobiling in the winter and, of course, all guests are welcome to wander the trails and say hello to the local wildlife. "I wanted to have a proper petting zoo for the kids, but there are just too many regulations and rules. For now we're happy just to take our guests through the woods and see what they can find."

Richard MacKenzie loves Haliburton County and tries to give back where he can. "We

support the demolition derbies, both in Minden, and at Gooderham's Horseshoe Days. Each year we donate a car which everyone can sign – for a loonie, that is – and all proceeds go to

charity. We also support the Cancer Society when we can, and try to help local folk who find themselves in trouble."



Noah's Park Inn's restaurant will be opening this year on May 19th for the long weekend. By summer, the restaurant and patio will also be fully licensed. The restaurant's hours are 8 am to 8 pm seven days a week, and it and the B&B can be reached at 705 447-2946.

There's lots to see and do at Noah's Park Inn

- Be sure to check it out real soon!!



support the demolition derbies, both in Minden, and at Gooderham's Horseshoe Days. Each year we donate a car which everyone can sign – for a loonie, that is – and all proceeds go to

Everyone Welcome To Join

Community Care Bus Trips



Experience the spectacular performance of the **Lord of the Rings** at the Princess of Wales Theatre on **May 24th**

Rita MacNeil will perform songs from the 40s, 50s and 60s at the Academy Theatre in Lindsay **June 14th**



Call NOW to find out how you can become a member of the Community Care Trip Club

Call

457-2941

for more information or to reserve your seats.

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fax: 457-9216

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moon.shadows@sympatico.ca

New Releases
Blueberry Wild
Blueberry Ice

Volunteers Needed... Community Care Haliburton County

Community Care Haliburton County is looking for a year round volunteer in the Minden area, who would be willing to install Emergency Response Systems.

There is not a huge time commitment involved in this volunteer position, however it is client driven. Community Care will train you in how to do this installation and mileage compensation is available.

If you are looking for a way to give back to your community...give Roxanne a call at 457-2941.

McMahon Feeds N' Needs Grass Seed

286-2801

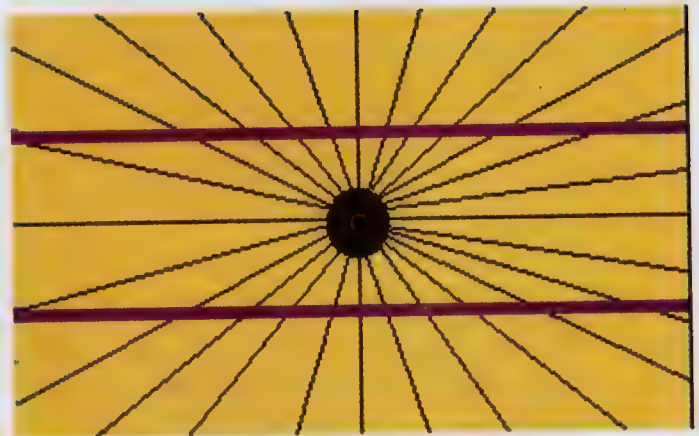
Cottage Green
25 kg \$82.95

Cottage Cover
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Bobcaygeon Rd.
Minden



Brain Teasers



Are the two purple lines
parallel or bent?

YOUR DOCK - YOUR WAY



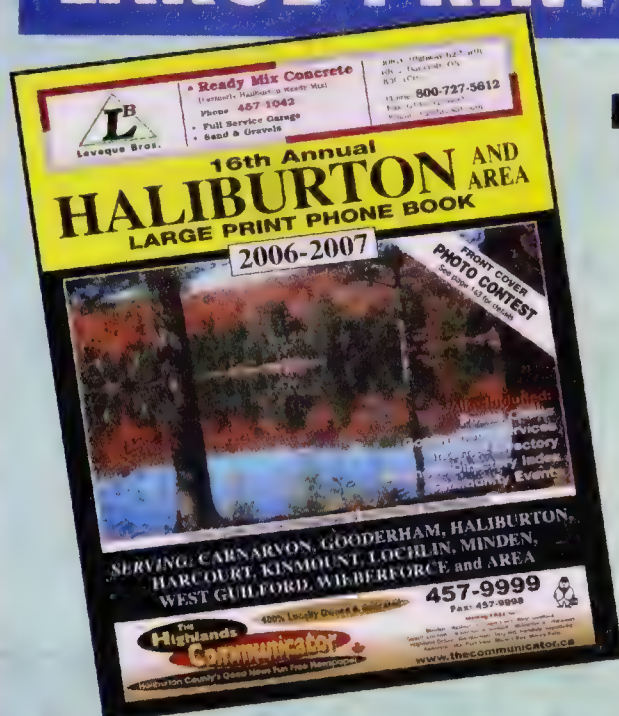
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Highlands Residents during the
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Canada Post to the home.

*Extra books for seasonal
residents can be picked up at:*

- Rails End Gallery - Haliburton - 457-2330
- Eagle Lake Country Market
2622 County Rd. 6 - 754-2538
- Haliburton Information Centre
Hwy. 35, Minden - 286-1777
- Haliburton Chamber of Commerce
5 Bobcaygeon - 286-1760
- Haliburton Home Hardware
95 Maple St., Haliburton - 457-1402
- Dollo's IGA - Hwy. 35 & Main St.
Minden - 286-1121
- Carnarvon Jug City
9151 Hwy. 118, Carnarvon - 489-2234
- Kinmount Independent Grocer
Main St., Kinmount - 488-2211
- Algonquin Highlands Township
1123 Northshore Rd. - 489-2379
- Haliburton County Office
11 Newcastle, Minden - 286-1333
- The Hub Esso
Hwy. 35 & Hwy. 118, Carnarvon
- Liquor Stores:
Hwy. 503 & 507, Gooderham - 447-2000
Highland St., Haliburton - 457-2631
- Liquor Stores (Cont'd)
South Water St., Minden - 286-1311
Fleming Rd., Wilberforce - 448-2721
- Beer Stores
South Water St., Minden - 286-1480
15 Hopps Drive, Haliburton - 457-2023
- Wilberforce IGA - Flemming Rd.
Wilberforce - 448-2811
- Minden Home Hardware
16 Main St., Minden - 286-1351
- Axis Village Court Pharmacy
49 Maple Ave., Haliburton - 457-5020
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RR#1, Haliburton - 754-1840
- Dysart ETAL Municipal Office - Corner of
Maple & Mountain, Haliburton - 457-1740
- Minden Hills Township Office
7 Milne St., Minden - 286-1260
- Highland East Municipal Office
Cty. Rd. 648, Wilberforce - 448-2981
- Todd's Independent Grocer
5121 Cty. Rd. 21, Haliburton - 455-9775

THE 28TH ANNUAL HALIBURTON

HOME & VACATION SHOW



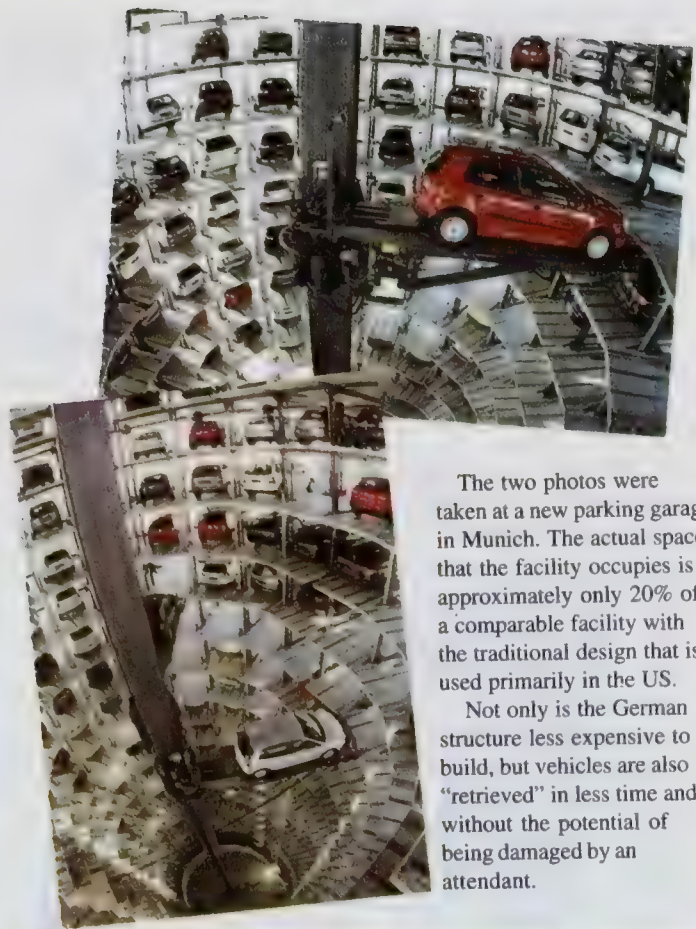
Over 120 Exhibitors

2006 Show Dates

Friday, June 2nd - 4pm - 9 pm
Saturday, June 3rd - 10 am - 7 pm
Sunday, June 4th - 10 am - 4 pm
Admission \$2 (Parking Free)

For Show Information
Please Call
Wayne Hussey - Show Manager
705-457-2892

Show sponsored by
the Haliburton Curling Club



The two photos were taken at a new parking garage in Munich. The actual space that the facility occupies is approximately only 20% of a comparable facility with the traditional design that is used primarily in the US.

Not only is the German structure less expensive to build, but vehicles are also "retrieved" in less time and without the potential of being damaged by an attendant.

MINT CONTRACTING SERVICES

Summer is just around the corner and those projects are waiting to be completed. Let Mint help you enjoy your time in God's Country by calling us for all your renovation and maintenance needs & projects.

Please visit us at the
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June 2,3,4.
Watch for our
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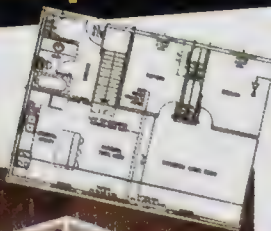
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All Shell Packages Include:

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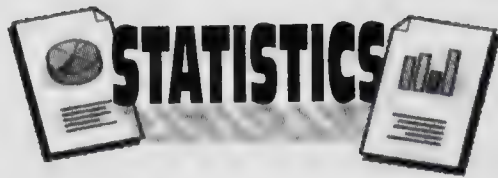
Financial Assistance Available

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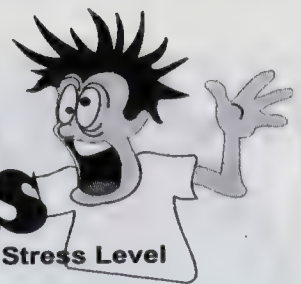
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A typical lightning bolt is only two to four inches wide, but two miles long.

STRESS BUSTERS

Quick Tips To Lower That Stress Level



Give Up Helping Those Who Don't Want It

Give up the stress of trying to help people who are neither ready nor willing to be helped. Realize it's just going to exhaust you if you try to do for them what they need to do for themselves. This is called enabling, not helping.



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19 acre parcel off highway #14 close to village of Eagle Lake. Driveway in, hydro/phone at road and a mix of hardwoods make this a prime building lot. Building site partially cleared. Watch the sunset over your own natural pond. Minutes to ski hill, public beach and all amenities. Call 754-3227 or visit www.o2orealestate.ca for more information

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Priced to sell, this 3 Bedroom/3 Bath home is situated on a gorgeous 2.6 Acre lot across from beautiful Lake Kashagawigamog. Perfect home or getaway for those seeking the tranquility of the Highlands without the waterfront taxes. Natural Pine accents, cathedral ceiling, double attached garage and Bunkie are just a few of the features you won't want to miss. Call 457-5092

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What causes an "ice cream headache"?

An ice cream headache is triggered by a sudden change in temperature that occurs in your mouth when you eat something cold.

On a hot day when you eat a snow cone, the cold crushed ice that touches the top of your mouth initiates a nerve reaction that swells blood vessels in your head. The nerve center on the roof of your mouth overreacts to the cold temperature of the snow cone and tries to heat your brain. This swelling of blood vessels is what causes an ice cream headache, or what is more commonly known as "brain freeze" or "frozen brain syndrome."

Luckily the intense stabbing pain in your head usually lasts only for about 30-60 seconds.

I scream, you scream, we all scream ice cream HEADACHE! - 30% of the human population suffers from these excruciating headaches. The best way to avoid getting an ice cream headache is keep the chilled foods or beverages you eat on the side of your mouth, away from the roof of your mouth.

Scientifically Speaking



What is
the
largest

crocodile that ever lived?

The largest crocodile that we currently know about was one called *Sacosuchus imperator* that lived in Africa 110 million years ago. Its reconstructed skeleton shows that it was 37 to 40 feet (11-12m) in length and weighed 17,500 pounds. Its head was as big as the body of an adult human.

Upcoming Prenatal Classes & Well Baby Clinics

May 24: Register For Next Prenatal Class. Free classes offered throughout the year by the Health Unit to help expectant parents prepare for baby's arrival. Call 457-1391 for more details.

June 8: Minden Well Baby Drop-in Clinic. Visit with a Family Health Nurse to see how your baby is growing and developing. Held at the Ontario Early Years Centre in Minden (inside Sears Building) from 10 am to noon. For more information, call the Health Unit at 457-1391.

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\$300,000 & up	\$1,000

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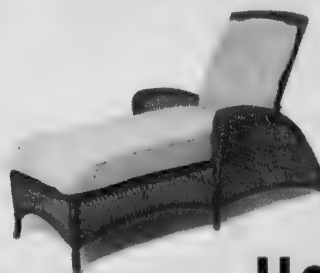
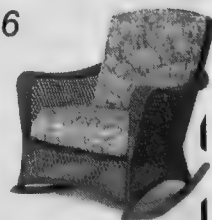
ROYAL LEPAGE 705-457-2414 or
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Call me for specific details of the program.
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KENMORE DAYS

MAY 20TH - JUNE 4TH

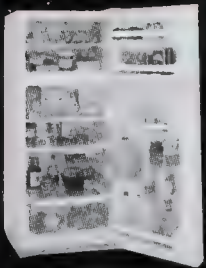
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SPRING COTTAGE PACKAGE
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Kenmore 18 cu/ft Fridge
with Top Freezer
Smooth Contour Doors
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Clearance
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Save \$480!!



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YOUR HOMETOWN DEALER STORE

Produce Your Own Power

By Mike McElwain

Ontario is now on the verge of catching up to the European nations with regards to Renewable Energy for individuals to produce their own power. New legislation from the Ontario Power Authority has made it feasible for farms, greenhouses, trailer park owners, and individuals to produce their own power by installing a Solar or small and medium sized Wind Turbines.

FUN GreenPower has recently installed the first wind turbine to be grid connected to Hydro One with net metering in Central Ontario. The 80 Kw turbine is now producing a daily average of approximately 500 Kw to the homeowner and the Grid. There are many obstacles to overcome before the final commissioning of the wind turbine. Anyone interested in erecting a wind turbine on their site MUST check with their local municipality first to ensure bylaws allow the erection of the tower



and turbine.. This particular municipality was very accommodating. The building permit was straightforward and no problems occurred. As net metering was a first for FUN Greenpower, Hydro One, and the Electrical Safety Authority, (ESA), there were setbacks to overcome. Timing was big problem in getting the turbine up and running. The unavailability for both Hydro One and the ESA to be on site at the same time caused the majority of the delay, but the experience gained will make it much easier for future installations.

They hope this exciting, groundbreaking venture will pave the way for "harnessing the wind" and provide Ontarians another

choice with regards to power. This is a big step in ensuring renewable energy sources will soon be an excellent alternative. With the excess power stored by the wind turbine and sold to your local public utility, it is feasible for a financial payback in 7-8 years, and after that, the possibility of free power for many years to come. The life span of a wind turbine is more than 25 years.

As wind power becomes more popular, the glitches and setbacks will be easier to overcome. Kudos to the Ontario Government, Hydro One, and the ESA. By working together the process should become easier.

Cottages and homeowners can also reap the benefits of Renewable Energy. The government has established a price paid to Solar Power producers of 42 cents a Kw hour for a 20 year contract. Small Wind Turbines will receive a minimum of 11 cents per Kilowatt Hour for a 20 year contract making these options attractive to any homeowner with sufficient wind and/or sun exposure availability. FUN GreenPower has installed numerous systems for off-grid homes and cottages to provide all the household electrical needs. We have also installed back-up systems in homes currently on the Grid to lessen the monthly

Produce Power cont'd... pg. 61

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GIVE IT A TRY

Get SummerActive By Trying Out Variety of Activities Planned For Haliburton County

While summer hasn't officially arrived, local residents can get into the spirit of the season a bit early by becoming SummerActive.

SummerActive is a nation-wide campaign that gives people the opportunity to win prizes just by being physically active between May 12 and June 21. In Haliburton County, there is plenty of opportunity to get SummerActive by taking part in any of the following FREE events:

- Get active by signing up for a **Free Beginner's Jogging Clinic** that starts Tuesday, May 16, from 5 pm to 6 pm. Hosted by the local Health Unit, the clinic will run over six weeks giving participants an easy introduction to jogging for fitness and health benefits. Pre-registration is required, so call (705) 457-1391, ext. 245.

- Shift gears by heading to Head Lake Park in Haliburton on May 27 for the first-ever **Shifting Gears: Haliburton's Celebration of Cycling**. The day includes workshops, guided rides and entertainment for all ages and cycling abilities. Call (705) 457-1391 for more details.

- Make waves by taking part in the **'Try It' Flatwater Kayaking Evenings** on June 8 and June 15 from 6:30 pm to 8 pm on Head Lake in Haliburton.

No experience is necessary and all equipment is provided by Boatwerks Haliburton. Spaces are limited, so register by calling (705) 457-3737.

People who get active during SummerActive are encouraged to register their participation on-line at www.summeractive.org. By doing so, their names will be entered a draw to win a variety of prizes including watches, mountain bikes, sport bags, SummerActive clothing, pedometers and frisbees.

"It's a win-win for everyone," says Sue Shikaze, a Health Promoter with Health for Life. "Not only can you win prizes, you are also benefitting your own health by becoming more physically active."

Produce Power cont'd...

... from pg. 60

Hydro bill and to also provide power to the home in case of power outages. The new technology in the business has made both Wind and Solar much cheaper for the consumer, and the appearance of solar panels and wind turbines are also attractive.



There are many questions to be answered if you are interested in providing all or part of the power you require to your farm, business, home, cottage or hunting camp. If you are interested in Renewable Energy alternatives you can find more info at www.funpower.com or E-mail

mcelwain@nexus.net or phone (705) 932-2327.

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New Business

The Looney Bin - Open For Business

Raymond Langdon has been in the hardware business almost all his life, in one way or another. When he just a little kid his father Ken and grandfather Harry Langdon bought Black's hardware on Haliburton's main street from the store's founder, Harold Black, and it seems as if Ray's been a part of the store ever since.

In fact Raymond only bought the business from his Dad in 1995 – and since then has continued to expand and at the same time fine-tune what was a classic old-fashioned community hardware store. However, those stores face serious competition, not just from the huge home building centres, but also from specialized building shops, plumbing centres, and so on. Over the past decade Ray's managed to keep the community store feeling while at the same time keeping up with is customer's demands for a wider range of products and services. A few years ago he introduced lines of cheaper items in bins, for example, and noticed that they were popular, and profitable.



Jackie & Ray



And just last week Raymond went one step further and opened "The Looney Bin", a full thousand square feet of carefully chosen dollar store type merchandise adjacent to his existing Home Hardware. "What's really nice about this for me is that we've restored the space the original hardware store was in, including carefully preserving the old wooden floors."

For years the Langdons rented out the corner space, most recently to Bowes and Cocks. But now customers can enter the hardware store through the Looney Bin space right at the corner of the street.

"I'm really proud of our selection we're offering in The Looney Bin," says Raymond. "And I'm also very happy with the name." It took most of the winter to come up with a name that wasn't already registered, which, astonishingly, "The Looney Bin" wasn't. "We're just hoping that our regular

customers will appreciate this new part of the store: it complements the hardware store perfectly, I think."

The Looney Bin's selection includes everything from hair care products to silk flowers, some clothing items, health and beauty products, housewares, crafts, stationary, greeting cards, gift ware, spices, wrapping paper and of course lots of candy. "In fact, we've over 2000 items in all," says The Looney Bin's manager, Jackie Edwards. "And it's going to be a lot of fun keeping it all stocked over the summer," she laughs. "Already the response has been really positive – people really like the layout and the atmosphere."

The Looney Bin is a part of the Haliburton Home Hardware and is located on the corner of Highway 118 and Highland Street. It's open from 8:30 am until 6 pm Monday to Friday, Saturdays from 9 am until 6 pm and Sundays from 10 am until 3 pm. You can reach the store at 705 457-1402.

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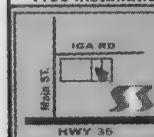
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Candlelight Make Commitment To Expand Their Existing Network of Towers Expanding Their High Speed Internet Service

If George Morris and Mike Stephens sound just a little bit frustrated, it's certainly easy to understand why. After, that is, they give you a free lesson in the myths and the realities of residential and commercial high-speed broadband internet service.

You see, George is the President of Candlelight Communications Inc., Haliburton's largest supplier of wireless broadband services, and Mike is President of Systems Software & Support, which handles the retail and support end of Candlelight's business. For four years Candlelight has been supplying and promoting its services all through Muskoka and Haliburton and has established a well-deserved reputation for excellent service and seamless – and super fast – Internet and information delivery. They have

over 40 sites in the District of Muskoka alone, with customers ranging from high-end resorts such as the Grandview to hundreds of smaller individual and business customers. In Haliburton County itself they have hundreds of happy broadband customers, and they even handle the transmission of the new Moose FM's signal from the Highland St. studios up to the Eagle Lake tower (and so far there hasn't been one technical glitch in the station's feed).

Last fall the County of Haliburton, together with its partners, Sir Sandford Fleming College, Trillium Lakelands District School Board, and the individual Municipalities of Dysart, Minden Hills, and Algonquin Highlands, signed an agreement with W3 Connex, Expertech, and some other installation contractors to provide broadband internet to, in theory, all the businesses and residents in the County. And by doing so the impression was left with many people that cheap, easy access was just around the corner.

Except that, with some geographical obstacles, that service is already being provided by Candlelight in many areas of the County. And it should also be noted that Candlelight has no government funding – so the building of additional towers to expand their coverage has to proceed at a reasonable pace. In addition, the cost of the initial hardware installation was higher than anyone liked: "the good news is that installation costs are coming down fast – just as our connection speeds are going up. Our one-time installation fee is now just over \$350 and we're offering very attractive packages to both seasonal and permanent residents as well," says George. "It's just a little frustrating for us to be competing with another service that's government subsidized – and which is a very long way from being in the position to offer any service of any kind to the consumer."

There is no firm date as yet as to when Connex will actually begin to offer residential and small business packages. It's hoped that their institutional partners like the County and the Municipalities will have service by the fall, but that's not absolutely certain either. In the meantime Candlelight has decided to make a firm commitment

to expand their existing network of towers within Haliburton: this year 25 new access points will be built, and another 145 will be up by the end of 2007.

Candlelight already offers services in an area stretching from Sundridge in the north to Wilberforce in the east, south to Beaverton and west to Midland with literally thousands of happy customers. And they're determined to make that same service available within a reasonable time frame to virtually all Haliburton County businesses and residences. Their signal now is powerful enough to go through trees (but not the rocks – nothing goes through the Shield!) and their speed is now up to a mind-boggling 4 to 6 megabits a second.

In future issues the Communicator will continue to look at the state of high-speed Internet delivery in Haliburton County – and

keep you up to date on just what your options might be, for your home or your business.

You can contact Candlelight Communications at 1 866-629-6616, or through Systems Software at 705 286-6580. And be sure to check out their website at www.candlelight.ca.



Mike (left) and George (right)



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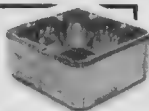
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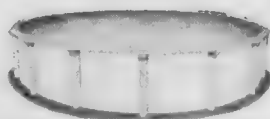
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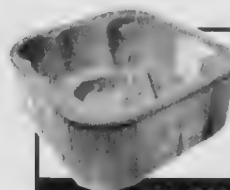
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Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

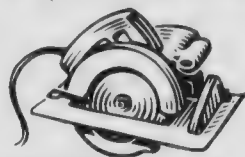
There were 12 sams in the last issue. They were hidden in the following ads:

GP Tires, Louies Car Care, Masters Book Store, System Software, Community Care, Haliburton Home & Vacation Show, Lons Memorials, Tom Gilroy Construction, Hubby for Hire, Country Wide Excavation, Minden Value Mart, Rotary Club of Minden.

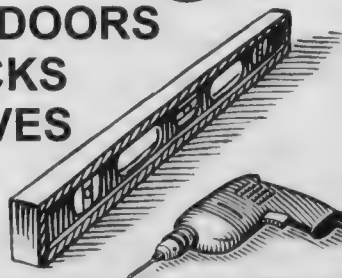
The winner of last month's Spot Sam contest is Frank Robertson of Haliburton



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New Business

The Legend Carpet and Duct Cleaning

Rick Stamp is the founder and owner, with his wife Diane, of The Legends Carpet and Duct Cleaning Centre in Haliburton and there isn't much, if anything, he doesn't know about cleaning your broadloom, not to mention most of the rest of your house. Rick established his business in 1995 and his company has always been in the forefront of new cleaning techniques and technologies.

For lots of people carpet cleaning means little more than regular vacuuming and once in a long while renting a small carpet cleaning unit and trying to figure out how much water and how much detergent to use. And then wondering why at the end of the day your broadloom resembles a kind of rice paddy, indoors.

"Professional carpet cleaning is absolutely essential for the proper care and maintenance of your carpets," says Rick. "And our equipment bears no relationship to the products you can rent. Our Legend XL system is extremely powerful: it stays inside our truck while we only take our hoses into your house. We use only soft water kept at 200 degrees Fahrenheit: the power of the system truly deep cleans and refreshes all your carpet fibres while at the same time removing all the allergens, odours, pet hair and dander and of course all the dirt, dust, and lint. And you'll never have to worry about your carpets being soaked to death – damp is all they'll be, and they'll be perfectly dry within 12 to 24 hours."

Rick can also treat your carpet with anti-allergens that have absolutely no odour – no small benefit in a world where people's sensitivity to scents is becoming a serious environmental and



The Legend XL

The Legend cont'd... pg. 67 ...



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The Legend Carpet & Duct Cleaning Cont'd...

... from pg. 66

lifestyle issue. In fact it's partly a result of home and business owners' increased awareness of environmental and health dangers in our normal surroundings that has made professional carpet cleaning a real growth industry. To make sure his work matches international standards, Rick was recently formally certified by the 'Institute of Inspection, Cleaning and Restoration Certification' or IICRC.

The IICRC is a 'non-profit certifying body for the flooring inspection, floor covering and specialized fabric cleaning, and disaster restoration industry. Organized in 1972, the IICRC currently represents more than 3,500 Certified Firms and more than 33,000 Certified Technicians in 30 countries. The IICRC, with participation from the entire industry, sets standards for inspection, cleaning, and disaster restoration.' Among other things, this means that Rick's Legend Carpet Cleaning satisfies all warranties that major carpet manufacturers issue for their products.

But Rick Stamp's cleaning services includes much more than just carpets. He's invested in a great new machine called the Hydro Force SX 12, which is used to clean commercial and residential tiles, grout included. These hand held units can get your counter tops, shower stalls, and tile and ceramic floors absolutely spotless. He also provides complete furniture cleaning as well as professional Scotch Guard and Stain Master Teflon protectors and pet de-odorizers. He can even get poochie's basket clean and sweet!

Legend's duct cleaning services are also completely professional, and a far cry from your average shop vac. Rick uses a 'duct wizard', a motorized unit equipped with special synthetic brushes that can make an enormous difference to the cleanliness of your heating and air-conditioning systems, and of course your entire house.

And that's not all: Legend will clean your mattresses, re-stretch your carpets, and, using specialized pressure washing equipment, clean your houses decks and vinyl siding.

"We're proud of our work and how we've managed over the years to get the best possible equipment and provide profes-



Owner Rick Stamp and Employee George Davison

sional service to all our customers," says Rick. "And we know we must be doing something right because our business and home owners keep coming back to us year after year." Rick services all kinds of local businesses, from restaurants to offices to resorts – and they know the difference professional care makes.

Rick and his "excellent" employee George Davison will be happy to discuss any of your business or home cleaning needs at any time. You can reach The Legends Carpet and Duct Cleaning Centre at 705 457-3400.

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I found that place at the close of day.
If my parting has left a void
Then fill it with remembered joy,
A friendship shared, a laugh, a kiss.
Ah yes, these things, I too, will miss.
Be not burdened with times of sorrow.
I wish you the sunshine of tomorrow.
My life's been full, I savoured much..
Good friends, good times, a loved one's touch.
Perhaps my time seemed all too brief;
Don't lengthen it now with undue grief.
Lift up your heart and share with me.
God wanted me now, He set me free.

Passed away suddenly
at
Oshawa General Hospital
on
Saturday, May 6th, 2006
Terry Siebarth
at the age of 57
Loving father of Michael (Sheri)
Siebarth,
Brian (Kathy) Siebarth, Tracy
(Dwayne) Long.
Grandpa of Ashley and Bobby
Siebarth and Mitchel Long. Son of
Betty, brother of David (Kim),
Jack (Daria),
Janet and the late Ron (Cathy).
Will be lovingly remembered by
his aunts and uncles and his many
nieces and nephews.
Will be sadly missed by all his
relatives and friends.
At Terry's request there will be no
funeral service and cremation has
taken place.

Cards of Thanks

The Wiener Wagon would like
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ported the benefit held for the
4c's Food Bank on Saturday
May 6/06. The result was a
\$418 donation. A special thank
you to the following: Indepen-
dent Gas Bar, Kawartha
Wholesale Bakery, European
Metas, Maple Leaf
Foodservice, Vista Signs

Watch for new Reproduction
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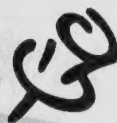
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Hwy 118
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Across from
Paradise Lake

Help Wanted



Free Job Listings...

Businesses - List your FREE help wanted ads here....Help Wanted word listings are free - display ads are charged minimal cost

Program Assistant

Immediately Cottage Dreams requires a p/t Program Assistant. We are waiting for HRSDC Summer Career Placement approval for full-time summer status. Please call 457-9100 or program@cottagedreams.org

Yard Sale

May 24 Weekend!! GIANT IN-DOOR Yard Sale at the Old Re-sale Centre of Lochlin, Located on County Rd. 1 between Gelert and Lochlin, near the South Lake Turn. Everything must go! Lots of goodies! Don't have a place to run your own yard sale? Purchase a table outside of the building for \$20! Sale runs Fri 19th 3-8, Sat 20th & Sun 21st 8-6 (Sunday may close early). Antiques, collectables, furniture, clothing, odds and ends. Call Janene (705) 488-1027 for more info.

Wanted To Rent

Hard working young man looking for 1 or 2 bedroom apartment or house in the Minden or Haliburton area. Call 455-9896.

A house in Wilberforce 1 or 2 bedrooms with bath tub. I have my own stove, fridge, washer and dryer. I have 2 cats that are fixed and a shitzu puppy - 6 months. All pets are well trained. Please call Barb at 613-332-6612



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Getting Married?

Wedding ceremonies with flare!

Yvonne Kendrick

Minister of the
Lakes Church in Bobcaygeon
is available to perform marriage ceremonies
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"I've never seen a service like it... She was incredible..."
"That was captivating... I didn't want it to end"
repeated comments from guests at the recent Irvine wedding



For a truly memorable & unique service call
Yvonne at (705) 738-5524 or cell: (705) 731-7867

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Believe It...

OR NOT!

Apparently Fear is Not a Factor For Them!

Some ribbon worms will eat themselves if they cant find any food!

Well, I'll Meet You There Charles!

Should there be a crash, Prince Charles and Prince William never travel on the same airplane as a precaution!

See How Tough We Are? It Doesn't Even Hurt!

Your body is creating and killing 15 million red blood cells per second!

How Much Money Per Inhabitant?

There is one slot machine in Las Vegas for every eight inhabitants!

Hardly Seem Worth The Risk!

Every day 20 banks are robbed. The average take is \$2,500!

Take Your Money and Get Out of Here!

Tourists visiting Iceland should know that tipping at a restaurant is considered an insult!

They Should Make Everything Out Of Glass!

It takes glass one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!

I Would Too If I Lived Near Great White Sharks!

Dolphins sleep with one eye open!

Where's The Bank Card? Where's my Wife? Honey? Honey?

More money is spent on gardening than on any other hobby!

Depends What Day You Pay Your Bills

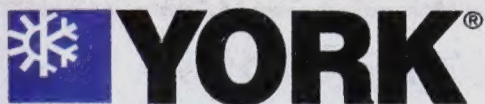
The average person laughs 13 times a day!



had predictions

"Nor are computers going to get much faster..."

- Dr. Arthur L. Samuel, "The Banishment of Paper-Work," New Scientist, 1964.



It's time to get comfortable.



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YORK SPRING PROMO NOW ON! (until June 30th)

Now's The Best Time To Purchase A New Furnace, Air Conditioning Unit or Heat Pump!



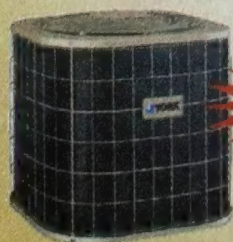
Purchase an eligible York product before June 30th/ 2006 and receive your choice of a mail in cash back rebate, 10-year Parts & Labour YorkCare Plan or 12 months no payment financing on your purchase. In addition, you can choose your choice of colour panels when purchasing a new Affinity Heat Pump or Air Conditioner.

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Gloria Carnochan
Cindy Muenzel
Sales Representatives

Kennisis and Redstone Lakes Realty Centre

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8 acres- 1350 ft shoreline- Little Redstone



Absolute privacy on this estate size property. 1800 sq. ft. of living space, lg open concept LR/DR/Kitchen, family room, 3 bdrms, 2 baths, laundry rm & loads of storage, finished with pine, cedar & drywall. Large entertaining deck overlooking a level lot. Save hydro \$\$ with ground source heat pump & air conditioning. Lrg insulated garage/workshop. Sound of falling water from the stream on the property entering the lake.

\$695,000.00

Kennisis Lake



Kennisis Lake 1/2 log siding 2 bedroom starter cottage. Undescribable view from partial point lot. Sunsets!! Deep water, some sand also. Rock face cuts through on angle-spectacular. Must see this property. Great potential.

\$295,000.00

Countrywide Haliburton Realty Ltd Brokerage

Congratulates

Gloria Carnochan as our #1 Sales Representative



Also Cindy Muenzel for Sales Excellence Award

**You want action whether buying or selling give
the Mother/Daughter team a call.**

705-754-1932

Kennisis Lake



Kennisis Lake Welcome Back! That's how this property makes you feel. Terrific view, S exp. Mostly deep water FR with BOAT HOUSE, deck & dock. 3 bedroom cottage with pine & cedar interior, cathedral ceiling. Brick fireplace, upper level separate entrance ready to finish. Also deck with view.

\$399,000.00

5 Bedroom Home on Private Lake - 129 Acres



Private Lake 129 Acres Mature forest pine and hardwoods. 5 bedroom & loft cottage on Torch Lake. Massive stone fireplace in living room and backing dining room. Wood floors and interior with cathedral ceilings. Large deck. Multi use property.

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Commercial Building Plus Home on Hwy.



Commercial building and 2 BR home on busy highway frontage. Ample parking, paved drive on Hwy 35. 3000 sq. ft. new oil furnace, loading dock, large basement, office space, hardwood floors, updated carpet, plumbing, roof & windows, move in condition. Endless possibilities! Enquire for more details! Business relocating.

\$399,000.00

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